



Health Care & Resource Directory

Area-wise listing includes:

PSYCHOLOGISTS

OCCUPATIONAL THERAPISTS

OLD-AGE HOMES

NURSING AGENCIES

OTHER INSTITUTIONAL SERVICES

ELDER CARE SHOPS

DAY CARE CENTRES

RESPIRE CARE SERVICES

FOREWORD

India has about 4.1 million persons currently living with dementia. This number is expected to cross the 10 million mark in the next 15 years. However, one doesn't realize that the 'hidden victims' of the disease are in fact, the informal caregivers of those suffering from the illness. Caregivers often struggle to meet the needs of their loved ones due to lack of awareness about what can be done and who may be able to help and support them. This often results in poor quality of life and care for the person with dementia as well as increased burden and eventual burnout for the caregiver.

It is crucial to recognize the importance of providing appropriate information and adequate support for the persons with dementia and their families. The need for support will vary through the course of the illness and the changing psycho-social circumstances. Sometimes the needs are transient and at other times the person may need more long-term solutions.

Undoubtedly, there is some excellent work being done in the city of Chennai to help persons with dementia at every stage of the illness. Unfortunately, these resources and services are either concentrated in certain pockets of the city or there is a lack of awareness about their existence. There is a need to bring this information to the fore, so as to ensure that they are not being under-utilized by individuals who may benefit a great deal from simply knowing that they can access these services.

I take great pleasure in releasing Version 1.0 of a directory of resources for persons with dementia and their families in Chennai. It is true that this is a much needed document that will go a long way in helping those in need to access help as required. As one can imagine, this has been a momentous piece of work that we have been able to complete with generous support from Infosys Foundation for which I am truly grateful.

This directory is a work in progress and currently does not cover all the areas in Chennai. Also, it is important to note that there may be services not included in this version of the directory that could be brought under the purview of resources for dementia.

I ask that as users of this directory, if you know of any services that are currently not listed in this directory, or if you have feedback on any of the services listed, that you please write to us at dementia@scarfindia.org. The team will strive to evolve this into a comprehensive piece of work over time with all your support and guidance. With each update, we will make an online version available on our website - www.dementiaindia.org. Print versions will be updated annually and can be accessed at the Dementia Resource & Training Centre, First Floor, Greams Dugar Apartments, 149 Greams Road (Opposite Thousand Lights Police Station), Chennai 600 006.

I sincerely hope that this directory will help you in accessing the right kind of support at the right time. Let's join hands to turn the city of Chennai into a dementia-friendly society.

Yours Sincerely,

Dr. R. Thara
Director, SCARF

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What is DEMCARES?

Dementia Care in SCARF (DEMCARES) is an initiative by the Schizophrenia Research Foundation which was started in January 2015 to extend clinical services, raise awareness, explore availability of resources, build capacity through training and intervention, and conduct research in dementia care and service provision. The project is funded by the Infosys Foundation. DEMCARES has three main arms - clinical services, support services and research activities.

The Dementia Training and Resource Centre premises has been leased to SCARF at no cost by Dr. Anita Sumanth, a Chennai-based advocate. Dr Anita's kind gesture honours the memory of her beloved parents Dr. Padma Ramachandran and Mr. V Ramachandran.

We deliver post-diagnostic support in the form of caregiver information-sharing sessions and support group for caregivers on a monthly basis at the centre. We also conduct training programs for health-care assistants and DEMCARES volunteers routinely.

The Dementia Training and Resource Centre is also expected to house a comprehensive media library for interested stakeholders such as caregivers, health professionals and students about dementia. The print version of this directory is available at this centre.

Please refer to our website <http://dementiaindia.org> for details about some of the other projects and regular updates.

Our clinical activities take place at the SCARF Anna Nagar premises. The Dementia Clinic operates every Thursday at Anna Nagar. You may call 044- 49539768 for an appointment.



What is Dementia?

Dementia is a general term used to describe a group of illnesses caused by loss of brain function. Dementia usually affects elderly people. Sometimes those younger than 65 years can develop dementia, and this is called 'early onset dementia'.

What are the signs of Dementia?

Common indicators of dementia in its early stages may be:

- Impaired short term memory
- Difficulty in remembering recent events or conversations
- Difficulty in coping with the routine tasks of daily living and in functioning independently
- Difficulty in finding the right words during conversations
- Inability to keep track of their possessions and personal belongings

As dementia advances, people may –

- Have difficulty in performing daily personal hygiene routines
- Seem totally unaware when they are unsafe or in danger.
- Be unable to recognise good friends or members of their immediate families.

Types of Dementia

Alzheimer's disease is a common type of dementia. **Vascular Dementia**, **Lewy Body dementia** and **Fronto-temporal dementia** are other common types.

How common is this?

The Dementia India Report by ARDSI (Alzheimer's and Related Disorders International) estimates that there are around

40-50 lakh persons with dementia in 2015. The number is estimated to grow to around 63 lakhs in 2025 and to cross the 1 crore mark between 2035 and 2040. This is only 20 years from now.

Living with Dementia

Living with dementia can seem overwhelming but steps can be taken to make the journey less daunting. If one is able to identify dementia early, the progression of the disease can be slowed and the quality of life of both the person with dementia as well as the caregiver(s) can be significantly improved. Appropriate support can be organized for the caregivers and this can reduce the stress and burden of caring as well.

Is early diagnosis helpful?

Early diagnosis is crucial. Although dementia is considered to be a progressive, incurable disease, with early diagnosis, timely treatment and interventions can be made available which can drastically improve the quality of life of the persons with dementia and their caregivers. Early diagnosis also allows for a better understanding of dementia, what support services are available and planning for the future.

How are caregivers affected?

The families of individuals with dementia may often experience anxiety and stress, as a result of the demands placed on them to care for the person with dementia. Some causes of stress include behavioural symptoms, incontinence, and lack of personal/social lives.

Another important source of stress is the lack of awareness about resources and support services available to aid the caregiving process.

Taking care of a person with dementia is not a one-man job, and requires a strong support network from the community.

What is Resource Mapping?

It is important for caregivers to be given knowledge of the occurrence, distribution, access, and use of the available resources within a specific geographical area which can significantly ease the caregiving process. Resources may consist of clinical services such as doctors, hospitals and pharmacies, or non-clinical services such as nursing agencies, old-age/care homes, NGOs, rehabilitation centres, helplines, websites and books.

In order to achieve this, DEMCARES is undertaking a 'Resource Mapping' exercise in order to identify and examine relationships between the community's needs and the resources available to meet these needs. We are trying to map as many areas as possible within the city of Chennai, to plot and collate available resources for dementia care. We are then, organizing this information in the form of a Resource Directory.

The Resource Directory is a work in progress, and we hope that it will evolve as the services for dementia care in Chennai develop. In the meantime, DEMCARES is inviting caregivers to add, edit or make suggestions on how we can make this service most accurate, more accessible and easier to use for a large network of caregivers of persons with dementia in the city of Chennai.

How to use this Directory

This directory is a compilation of clinical and support services for persons with dementia as well as their caregivers and families. It is meant to be a starting point to help you navigate the

existing services that are available in caring for someone with dementia. Resources include clinical support services, such as psychologists and occupational therapists; as well as institutional resources such as nursing agencies and home care. The directory focuses on the city of Chennai and is a work in progress. With each addition more areas and their services will be added.

Each area in the city has been listed in alphabetical order. All you need to is use the contents page to identify the area that you would like to find the available resources in. Once you have done that, the resources are listed by type of service in each area. A note on how these services are defined and classified can be found on page ---

Care has been taken to get as much information as possible from each resource and make certain that they provide dementia specific services. However a caveat of the directory is at this time no quality check has been possible. If while using this directory you find a particular listing to be unhelpful or conversely one that has helped you greatly, do write to us and let us know. Additional if you find a service has closed down or relocated, we would be grateful if you could let us know in an effort to keep the directory as up-to-date as possible.

We hope you find this directory useful. For any suggestions or queries you could write to us at dementia@scarfindia.org

For more information on our current projects and services visit us at www.dementiaindia.org

Disclaimer: All information on service providers in this guide is not an endorsement, but a compilation of available resources for dementia. Users are solely responsible for determining whether the information provided is suitable for their purposes, and reliance on the information is at the users' sole risk.

A NOTE ON TERMS

To enable you to easily identify the type of resource you are interested in we have provided a list of terms.

Clinical Support services

Physiotherapists: Also known as physical rehabilitation therapists are professionals who specialize in improving the quality of life through interventions that will promote improved function and mobility.

Psychologists: A clinical or counselling psychologist would provide care, through detailed assessments and be able to offer psychological therapies, counselling support and care management options. They could provide services to the person with dementia as well as the caregiver

Occupational Therapists: Provide interventions in the form of activities to promote independence and prevent disability in the person. The aim of providing occupational therapy then is to develop, sustain, improve or restore the highest possible level of functioning and autonomy. Occupational therapy are often provided in larger rehabilitation centres.

Old-age Homes: Also known as nursing homes or retirement homes are housing facilities for senior citizens. They take various forms depending to style of living i.e. independent/ assisted

Nursing Agencies: These are formal agencies, which provide the option of nursing assistance in a home care setting. Nurse care assistants in the Indian context are not necessarily formally educated in care practices but have practical on the job skills.

Elder Care shops: Stores which provide products & services exclusive to senior citizens. These will include aids such as walking sticks and wheelchairs to hygiene products such as rubber sheets and adult diapers. Certain stores may also have technology solutions and dementia friendly house modification designs

Day Care Centres: An adult day care centre is a non-residential facility which usually provides the person with transitional care and short-term rehabilitation.

Respite Care Services: These services provide the opportunity for temporary relief for the caregiver. It may be through the provision of short-term accommodation in a facility outside the home in which a loved one may be placed for short durations of time.

Other Institutional Services: These are organizations such as NGO's that provide special services such as support groups or have old age helplines, ambulatory services, etc.

ADYAR

Elder Care Shops

1. HEMAAS HEALTHCARE

No 107/1 Shop No A7, L B Road, Adyar,
Chennai - 600020, Opposite Indian Oil Petrol
Bunk

Contact Person: Mr.Sekar

Phone: 914433024635

Adult Diapers: Rs.300-550

Walking Sticks: Rs.280-700

Wheel-Chairs:Rs.4800-3.5 Lakhs

Hi-Tech Products: NA

Others: Rubber Sheets, Bedpans

2. OLD IS GOLD STORE

No 53,1st main Road, Indira Nagar,
Adyar, Chennai-20

Contact Person: Mr.Prithvirajan

Phone: 914424466244

Adult Diapers: Rs.340-850

Walking Sticks: Rs.500-640

Wheel-Chairs: Rs.5200-20,000

Hi-Tech Products: NA

Others: Rubber Sheets, Bedpans, Toilet risers,
Cots

3. UNIVERSAL SURGICAL EQUIPMENT & CO

No 86/21, Nyniappa Naicken Street, Park
Town,
Chennai - 600003, Near Kanthaswamy Temple

Contact Person: Mr.Vinod Kumar

Phone: 914439976423

Email: universesurgical@gmail.com

Website:www.medicalabequiptments.com

Adult Diapers: Rs.375

Walking Sticks: Rs.450

Wheel Chairs: Rs.3600-450000

Hi-Tech Products: NA

Others: Rubber sheets, Cots

Physiotherapists

1. VINUS PHYSIOTHERAPY CLINIC

No 12, 3rd Cross Street, Adyar, Chennai -
600020,
Opposite CCD Teachers Colony Kasturibai
Nagar

Contact Person: Dr.Vinodhini

Phone:914433029922

Services: Physiotherapy sessions

Years of Experience: 7

Experience with Dementia: Yes

Nursing Agencies

1. SAIRAM HOME CARE AGENCY

58,Behind Sakthi Dental Care,Mahatma gandhi
Road,
Subramaniam Colony,Adyar-41

Contact Person: Dr.Ramesh

Phone: 4445587537

Email: prsn1234@gmail.com

No. of Nurses: 20

Qualification of Nurses: B.Sc or Diploma in
Nursing

Care of Dementia: Yes

Experience with Dementia: Yes

Trained Staff: Yes

Daily or hourly Rate: Rs.600 for 12 hours

Background Check: Yes

ALANDUR

Physiotherapists

1. SIVASAKTHI DENTAL CLINIC

S1, 116, Pudupet Street, Alandur-St Thomas
Mount, Chennai - 600016, Near ICICI ATM and
Hotel Madras Café (Poly-clinic)

Contact Person:Dr. Francy Inbaraj

Phone:+91-9840600349

Email:francysalmona@yahoo.co.in

Services: Electro therapy and exercise therapy

Years of Experience: 8

Experience with Dementia: Yes

ALWARTHIRUNAGAR

Experience with Dementia: Yes

Home Visits: Yes

Physiotherapists

1. SRI VENKATESHWARA PHYSIOTHERAPIST CENTRE

331, Kamaraj Salai, Gandhi Road,
Alwarthirunagar, Chennai-87

Contact Person: Dr. Kalachezhiyan

Phone: +91-9941144124

Services: Physiotherapy services for older adults are available.

2. VRG HEALTHCARE

New No 18 Old No 9, Gandhiji Road,
Alwarthirunagar, Chennai - 600087 (Near to
Dominos)

Contact Person: Dr. G A Sathish Kumar

Phone: 044-33046412

Email: gasathishkumar@gmail.com

Services: Orthopaedic.

Years of Experience: 7

Occupational therapists

1. ELIXIR MULTI THERAPY CENTRE

"SWAGATH", Plot No 34, Door No 9. First Main
Road, Alwarthirunagar. Landmark: Near In-
Shape Gym, Chennai-87

Contact Person: Dr. Ramakrishnan Perumal

Phone: +91-9865425143

Email: ramakrishnanmot@gmail.com
/elixirmtc09@gmail.com

Website: www.elixirchildcare.org

Services: services are available for older adults

Years of Experience: 13

Psychologists

1. ELIXIR MULTI THERAPY CENTRE

"SWAGATH", Plot No. 34, Door No 9. First Main
Road, Alwarthirunagar. Landmark: Near In-
Shape Gym, Chennai-87

Contact Person: Dr. Suresh Kumar M

Phone: +91-9629255459

Email: bluein@gmail.com

Website: www.elixirchildcare.org

Services: Neurological assessments with 6-12
months follow up. Therapeutic NCI, memory
training/ enhancement strategies.
Environmental change services.

Years of Experience: 10

Experience with Dementia: Yes, 6 years

AMBATTUR

Physiotherapists

1. EBENEZER PHYSIOTHERAPY

80, T.G. Anna Nagar, Ayappakam Road, Ambattur, Chennai – 600053 (Near ICF Colony Bus Stop)

Phone: +91-9500044100

Services: Physiotherapy, Rehabilitation Centre

2. HEALING HAND ORTHO CARE & PHYSIOTHERAPY PAIN RELIEF REHAB CENTRE

No 38, P E Koil Main Street, Ayanavaram, Chennai - 600023, Near Venkateswara Bakery

Contact Person: Francis

Phone: 044-25582854, 9884430595

Services: Physiotherapy sessions for Mild, Moderate and Severe levels.

Years of Experience: 15

Experience with Dementia: Yes

3. GANESH PHYSIOTHERAPY AND PAIN RELIEF CENTRE

No. 31/58, Choolambadu Main Road, Ambattur, Chennai- 600 053

Phone: +91-91 9884136262

Services:Physiotherapists, Doctors, Psychiatrist.

4. VEE YES PHYSIO CLINIC

No : 1, Erikarai Salai, Venkateshwara Nagar, Ambattur, Chennai – 600053, Near velammal School.

Phone: +91-9884054144/ +91- 9840554144

5. NEW LIFE PHYSIOTHERAPY CLINIC

No,289, Konnur High Road, Bharatham Store ,Ayanavaram, Chennai - 600023,

Contact Person: Thenmozhi

Phone: 7418945632

Email: mozhiever23@gmail.com

Services: Physiotherapy sessions for Mild, Moderate and Severe levels.

Years of Experience: 8

Experience with Dementia: Yes

6. CONTACT PERSON: HARITHA

No.1, Anderson road, Behind Ayanavaram signal, Ayanavaram, Chennai - 600023

Phone: 9677101679

Email: harithaphysio24@gmail.com

Services: Physiotherapy sessions for Mild, Moderate levels only.

Years of Experience: 3

Experience with Dementia: Yes

Occupational therapists

1. BLOSSOM REHAB CENTRE

90/a Kauvery Street, Ram Nagar, Ambattur, Chennai- 600 053

Contact person- Dr. S. Janarthanan.

Services: Occupational Therapy, Sensory Integration Therapy, Neuro Developmental Therapy, Hand Function training, Cognitive Behaviour Therapy, Neuro Developmental Therapy

Years of experience: 6

Nursing Agencies

1. CHENNAI HOME CARE SERVICES

No 12, Duraisamy Naicken Street, Near K2
Police Station , Ayanavaram, Chennai - 600023,

Contact Person: Sundarajan

Phone: 9380476241, 9940552300

No. of Nurses: 40

Qualification of Nurses: B.Sc or Diploma in
Nursing and ANM

Care of Dementia: Yes

Services Provided: Bed care, Ryles tube
feeding, Wound care, O2 administration and
others

Charges: 12000 to 15000P.M. (Approx)

AMINJIKARAI

Physiotherapists

1. RAFA CLINIC

No 29, Railway Colony 3rd Street,
Aminjikarai, Chennai - 600029,
Near Panimalar Polytech College

Contact person: Lawrence

Phone number: [+914442009832](tel:+914442009832)

Email: lawrence@rafaclinic.com

Experience with dementia: Yes

Years of experience: 8

Psychologists

1. AK HOSPITAL

No 360 C/O A K Hospital, Poonamallee High
Road, Aminjikarai, Chennai - 600029, Near
Arun Hotel

Contact person: Dr Rama Rao Mannam

Phone number: <tel:+914423741123>

Experience with dementia: Yes

Years of experience: 8

ANNA NAGAR

Exercise, Spondylitis and Soft Tissue Mobilization etc.

Years of experience:8

Physiotherapists

1. HELIUS PHYSIO CLINIC

No.166/2, Shakthi Colony,13th Main Road, 4th Avenue, Shanthy Colony, Chennai.

Contact person: Dr. P. Shankara Kumaran/ Dr. S. Prathap

Phone:[044 6694 9440](tel:04466949440) (Dial Extension: 056)/
044 6694 9433 (Dial Extension: 960)

Dr. P. Shankara kumaran-

Cryotherapy/Cold Therapy, Soft Tissue Mobilization, Strengthening Exercise, Joint Mobilization, Gait (Walking) Training / Assistive Device Training, Ergonomic Training, Traction, Electrical Stimulation, Postural Training, Balance Exercises, Taping, Bandaging, Sports Physical Therapy, Musculoskeletal Injury Physiotherapy, Accident Injuries

Dr. S. Prathap-

Strengthening Exercise, Joint Mobilization, Postural Training, Balance Exercises, Sports Physical Therapy, Taping, Pregnancy Exercise, Sports Injuries, Child Birth Education, Post pregnancy Classes, Hip, Ankle, Knee Pain, Lower Back Pain, Neck Pain, Orthopaedic Physiotherapy.

Years of experience: 12

2. J.K PHYSIO& REHAB CLINIC

No. 5, N-Block 24th Street, Anna Nagar East. Landmark: Opposite to Bougan villa Park & Near K4 Police Station, Chennai.

Contact person:Dr. Kalpana

Phone:044 66205701 (675)

Services:Pregnancy Exercise, Gait Training, Assistive Device Training, Strengthening

3. PHYSIO STUDIO

W-106, 2nd Avenue, Anna Nagar. (Below McDonalds.)

Contact person:Dr. Thulasi Ram Yuvraj

Phone:044 33011327

Services:Cryotherapy/Cold Therapy, Heat Therapy, Electrical Stimulation, Tens (Transcutaneous Electrical Nerve Stimulation), Range Of Motion Exercise, Strengthening Exercise, Soft Tissue Mobilization, Joint Mobilization, Gait (Walking) Training / Assistive Device Training, Postural Training, Ergonomic Training, Balance Exercises, Traction, Taping, Sports Physical Therapy, Biofeedback, Blood Pressure Test, Fitness Training, Knee Braces For Osteoarthritis

4. SUNDARAM MEDICAL FOUNDATION

Contact Person: Dr. R.M. Alagappan

Phone:044 39942509 (488)

5. VINAYAGA PHYSIO POINT

No. 1764, 6th Avenue, Anna Nagar West. (Landmark: Near Bus Depot)

Contact person:Dr Balamurugan

Phone:[044 6620 5701](tel:04466205701)(Dial Extension: 237)

Occupational therapists

1. KAIVALYAM

No. 3004 Z Block, 2nd Street, 13th Main Road, Shanti Colony, Anna Nagar, Near SMF, Chennai – 600040.

Phone:+91- 9600080886

Services: Physiotherapy, Speech Therapy, Occupational Therapy, Doctors Touch Therapy, Music Therapy, Movement Therapy, Play Therapy.

2. LIFE HEALTHCARE

Park road, Anna Nagar West Extension, Chennai - 600101 (Near Millenium park)

Phone: +91- 8144170454, 0 44-81448856

Services:Physiotherapists, Physiotherapy Centres, Speech Therapists, Physiotherapist For Home Visits, Rehabilitation Centres, Pediatric Occupational Therapy Doctors, Paediatric Physiotherapy Doctors, Rehabilitation Centre For Children, Physiotherapist Doctors For Sports Injury, Occupational Therapy Doctors, Cognitive Behaviour Therapy Doctors, Physiotherapy Service Door Step, Rehabilitation Centre For Geriatric, Cerebral Palsy Physiotherapy Doctors, Learning Disability Doctors, Rehabilitation Centre For Musculoskeletal, Cerebral Palsy Doctors, Sjogren Syndrome Doctors, Stroke Rehabilitation Centres.

3. PREVENTIVE MEDICARE

T 98, 2nd Floor, 3rd Avenue, Anna Nagar East, Chennai – 600102

Phone: +91- 9965532140 / +91-9965526140

Services: Occupational Therapy, Nursing Services

4. SARVA REHAB CENTRE

No 32/4, Welcome colony, Anna nagar west, chennai- 101 (Land Mark-Behind SBOA School, Chennai)

Contact Person: Justin Vens

Phone:044 6620 5702 (Dial Extension: 681)

Services:Occupational Therapy, Neuro Developmental Therapy, Brain Gym, Hand

Function training and Sensory Integration Therapy etc.

Years of experience:10

5. SPARRC INSTITUTE

No. 52A A K Block, 7 th Main Road, Anna Nagar, Chennai – 600040 (Behind Sundaram Medical Foundation)

Phone:+91-9840509991/+ 91-9840096175/ 044-65552530

Services:Physiotherapists, Ayurvedic Doctors, Rehabilitation Centres, Rheumatologist Doctors, Varma Kalai, Acupuncture Training Centres, Geriatrician Doctors, Acupuncture Therapists, Allopathic Doctors, Paralysis Doctors, Physiotherapist Doctors For Sports Injury, Sports Injury Doctors, Doctors Joint Pains, Rehabilitation Centre For Geriatric, Cerebral Palsy Physiotherapy Doctors, Rehabilitation Centre For Musculoskeletal, Post Operative Physiotherapist Doctors, Stroke Rehabilitation Centres, Physiotherapist For Obesity, Chronic Pain Clinics.

Psychologists

1. ASHIANA PSYCHIATRIC CENTRE

No.1201, 6th Avenue, Anna Nagar Main Road, Anna Nagar, Chennai (Landmark: Opp. Kokina Karate School & Near K4 Police Station)

Contact Person: Dr. Preetha/ Dr. Vidhya

Phone:044 3301 2950 (Dial Extension: 981)/ 044 3301 2950 (Dial Extension: 980)

Elder care services

1. OLD IS GOLD STORE

Phone:+91 96770 03424

Email:info@oldisgoldstore.com

Product categories:- Mobility Aids, Incontinence Products, Toilet Aids, Convenience

Products, Safe Living, Patient Care, Gift Ideas, Post Operative Care, Apparel, Diabetic Aids, Arthritis Support, Orthopedic Support, Diagnostics, Bathroom Aids, Adaptive Clothing, Food Supplements, Furniture, Out of Stock, Grooming Aids, Travel.

Home Delivery: Yes

Institutional services

1.ALZHEIMER’S AND RELATED DISORDERS SOCIETY OF INDIA(ARDSI)- CHENNAI CHAPTER DAY CARE& MEMORY CLINIC

Day Care Centre, D-89, 3rd Street, Anna Nagar East, Chennai – 600102.

Contact person:Dr. R. Sathianathen
(Secretary)

Phone:044-26633143/+919840931952/ 044 26631123/ +919841019910

Email:ardsi.chennaiconference@gmail.com/sathianathen6@yahoo.com/pk_ari@yahoo.com/priscilla@madrasmemoryclinic.com

Website: www.madrasmemoryclinic.com

Services:Scientific Therapies like Reminiscences, Reality Orientation, and Music. Encourage patients to use and sustain the cognitive functions they still have.

Experience with Dementia: Yes

Additional services

1. CHENNAI GERIATRIC CATERING SERVICE

Contact person: Dr. Vijayalakshmi
Ulaganathan

Phone:+ 91 9444422890/ + 91 9444983296

Services: Prepare and deliver food for elders within 2km radius. Order should be for a minimum of 10 days, Customers can also visit the guesthouse and eat there.

Home Delivery:Yes, within 2km radius.

ARUMBAKKAM

Elder Care Shops

1. K G MEDIFAB

No K79 Ground Floor, 14th Street K Block,
Anna Nagar East, Chennai – 60010

Contact Person: Sunder

Phone: tel:+914433041692

Email:kgmedifabb@gmail.com

Adult Diapers: no

Walking Sticks: no

Wheel-Chairs: Yes. All imported, stainless steel wheelchairs. Range:4500-15000

Others: No

2. RAFA HEALTH STORE

No 29, Railway Colony 3rd Street
Off Nelson Manicakam Road,
Choolaimedu, Chennai - 600094, Near Vincent School

Contact Person:Mr. Lawrence

Phone: <tel:+914442009832>

Email: lawrence@rafaclinic.com

Adult Diapers: Yes

3. SANJEEVI PHARMA

No 430/B Sanjeevi Building, Annanagar 3rd Avenue,
Arumbakkam, Chennai - 600106, Opp To Anna Siddha Medical College

Contact Person:

Phone: <tel:+914439612592>

Adult Diapers: Yes/ 600 Rs

Physiotherapists

1. DHEERGAYUSH PHYSIOTHERAPY & REHAB CENTRE

Old No 37/1 New No 1, Amaravathi Nagar 3rd West Cross Street,
Arumbakkam, Chennai - 600106,
Opposite To Central Bank Of India

Contact Person: Dinesh

Phone::+914439974705

Email:kdineshmpt@gmail.com

Services: Physiotherapy

Years of Experience: 8

Experience with Dementia: Yes

Home Visits: Yes

2. PEBBLES THERAPY CENTRE

No 8/4, 1st Street State Bank Officer Colony,
Arumbakkam, Chennai - 600106, Near Ford Showroom

Contact Person: Poornima

Phone:tel:+914433038775

Email:pebbleslearningcentre@gmail.com

Services: Physiotherapy

Years of Experience:5

Experience with Dementia:Yes

3. SHALOM PHYSIOTHERAPY

No.144, J Block,MMDA Colony, vinayakapuram main road,
Arumbakkam, Chennai - 600106, Near MMDA BUS DEPOT

Contact Person: Binny

Phone:tel:tel:+919094932208

Email:binny_physio@yahoo.co.in

Services: Physiotherapy

Years of Experience:7

Experience with Dementia:Yes

Home Visits: Only home visits

4. SK PHYSIOTHERAPY

E 116 S K Physiotherapy & Pain Relief
Rehabilitation Centres,
Arumbakkam, Chennai - 600106, Mmda Colony

Contact Person: Dr.Subhashini

Phone: tel:+919003108926

Email:sanjukd@yahoo.com

Services:neurophysiotherapy

Years of Experience:18

Experience with Dementia:Yes

5. S R PHYSIOTHERAPY CLINIC

New No 49 A Old No 2, 2nd East Cross Street,
Arumbakkam, Chennai - 600106, Amaravathy
Nagar
Behind National Star Matriculation School

Contact Person:Mr.Rajan

Phone: tel:tel:+919841867479

Email:rajan_rjn@yahoo.co.in

Services: Physiotherapy

Years of Experience: 8

Experience with Dementia: Yes

Nursing Agencies

1. SRI AISHWARYA CONSULTANCY

No 413, P H Road, Arumbakkam, Chennai -
600106,
Opposite To Anna Arch

Contact Person: Eashwar

Phone:tel:+914433049346

Qualification:Hold a nursing degree and are
trained before recruitment.

Care for Dementia: Yes

Trained Staff: Yes

Old Age Homes

1. HARIESH NURSING

No 25/10, Jagantha Nagar, First Main Road,
Arumbakkam, Chennai – 600106

Contact person: R Vijayaragini

Phone:044-25736641

Email id.:

Experience with Dementia: Yes

Trained staff: Yes

Admission of patients with dementia: Yes

Medical Services Available: Yes

Capacity: 100-150

Availability on date: Yes

Price: Depends on patient

2. S V HOME FOR AGED

No 50/88, Panchaliamman Koil Street,
Arumbakkam, Chennai - 600106, Near Reliance
Fresh

Contact person: Ravi

Phone:tel:+914439610959

Email id.:svhomeforaged@gmail.com

Experience with Dementia: Yes

Trained staff: Yes

Admission of patients with dementia: Yes

Medical Services Available: Yes

Capacity: about 300

Availability on date: Yes

Price: starting from 20,000

3. UDAVUM KARANGAL

460, N.S.K Nagar,
Arumbakkam,
Chennai - 600 106

Contact person: Mr. Vidhyakar, Ms. Geetha

Phone:

26216321,26216421,26800952,26800660,268
01110

Medical Services Available: They will admit
police rescue and destitute persons

Type: Men & Women

ASHOK NAGAR

T.nagar, Rathna Hospital at Triplicane, Sachin Hospital and has been working as a counsellor at SRM University.

Experience with Dementia: Yes

Physiotherapists

1. CRESCENT PHYSIOTHERAPY CLINIC

No.85, 1st Street,1st Sector, KK Nagar West, Chennai – 78

Phone:+91-9092451759

Experience with Dementia:Yes

2. HEALING HANDS PHYSIOTHERAPY CLINIC

No.15/9, Ponnambalam Salai, K K Nagar, Chennai - 600078,
Opposite Street to Amman Temple

Contact Person:Joshua

Phone: +(91)-44-33763904

Years of Experience: 6

Experience with Dementia: Yes

3. PHYSIO 1ST

11/2, 86th Street, Ashok Nagar, Chennai - 600083, Near BP petrol bunk

Contact Person: B.Suresh

Phone:044 -33046054

4. RAVINDRAN D I

No 18/1, Subba Reddy Street, West Mambalam, Ch - 33, Behind Kasi Viswanathar Temple

Contact Person: Dr. Ravindran

Phone:+91-9840414389

Email:rawindran@gmail.com

Services:Yes, Treats patients with dementia both analysis and counselling. Also works at on call psychologist, Barathiraja multispecialty hospital at

Psychologists

1. DOCTOR @ HOME

: No 91/2 Lig Flats, Ashok Nagar, Ch - 83, Behind Udhayam Theater Indira Colony

Contact Person: Dr. Mani

Phone:+91-9884000478

Services: Treats patients with dementia and also does counselling. He's an on call doctor

Experience with Dementia:Yes, Has treated patients with dementia and prescribes medicines.

Home Visits: Yes

2. DR LAVANYA

PAC Centre 4 Development No.SP4, Ashok nagar 5th avenue, Near West mambalam, Chennai

Contact Person:Dr. Lavanya

Phone:+91-9282149120

Email:lavi8152@gmail.com

Services:Has treated Dementia patients, conducts assessments for children and does marital counselling.

Experience with Dementia: Yes

Nursing agencies

1. MOTHER THERESA NURSING HOME CARE

No 42 11th Street, Ashok Nagar,
Ch - 83, Near R3 Police Station

Contact Person: Shivashankari

Phone: 044-33764812

Qualification: Hold a nursing degree and have a year's experience before recruitment.

Care for Dementia: Yes

Daily/ Hourly Rate: Charges are based on the services provided - Rs 500 is charged for changing diapers and Rs 550 for feeding the patient (through the tube)

AYANAVARAM

Physiotherapists

1. ACTIVE LIFE PHYSIOTHERAPY AND REHABILITATION CENTRE

Medavakkam Tank Road, Kellys, Near Ranjith Hospital, Chennai – 600010

Contact person:Dr. G. Premkumar

Phone: 044 33763580

Services: Cryotherapy, Electrical Stimulation, Heat Therapy, Range of Motion Exercises, Tens, Ergonomic Training.

Home Visits: Yes

2. ADHITYA PHYSIOTHERAPY & REHABILITATION CENTRE

No.19/22, Thandai Periyar Nagar, Near SBI, Ayanavaram, Chennai.

Contact person: Dr. K. Y. Kiran Kumar

3. AL SIFAA PHYSIOTHERAPY & OBESITY CLINIC

No. 19/22, Thandai Periyar Nagar, Ayanavaram, Chennai – 600023 (Near Gopikrishna Theatre)

Phone:+91- 9941133252

Services:Geriatricians, Rehabilitation for Stroke, Manipulative Therapy

Home Visits: Yes

4. JAYAA. R CLINIC

No. 49, Subbarayan Street, Ayanavaram, Chennai – 600023

Phone: +91- 9551309755

Services:General Physician

Home Visits: Yes

5. NEW LIFE PHYSIOTHERAPY CLINIC

No. 289, Konnur High Road, Ayanavaram, Bharatam Store, Chennai – 600023.

Contact person:Dr. Thenmozhi

Phone: +91-7418945632

Services:Specialise In Physiotherapy for Neurological Disorders

6. PMN PHYSIOTHERAPY SPECIALITY CLINIC

Old No.37, New No.4, Thirupachi Seward Street, Near Market, Ayanavaram, Chennai.

Contact person:Dr. P. Nagaraj

Phone:044 66205702 (325)

Services:Cryotherapy, Heat Therapy, Electrical Stimulation, Range of Motion Exercise.

7. RAMESH PHYSIOTHERAPY CLINIC

No. 24/2, Pushparaya Chetty 2nd Street, Ayanavaram, Chennai- 600023 (Nammalwar Pet Near Govt T B Hospital)

Phone: +91 9884879872

Psychologists

1. E COUNSELLING

No. 325, 5th Street, Ayanavaram, Chennai(Landmark:Opp. Bus Depot).

Contact person: Dr. Linu Daniel

Years of experience: 2

BESANT NAGAR

Elder Care Shops

1. AURO MIRA MEDI SHOPS

No36/32, Sri Ram Nagar Main Road,
Tharamani, Chennai - 600113, Near IIT

Contact Person:Mr.Aravind

Phone: 914439974245

Website: www.auromiramediaids.com

Adult Diapers: Rs.300 and above

Walking Sticks: Rs.500 and above

Wheel-Chairs:Rs.5000 and above

Hi-Tech Products: All adult care items

Others:Walker, Bedpans

2. SHOBIKA PHARMACY

56 Tnhb Shopping Complex, 2nd Avenue,
Besant Nagar, Chennai - 600090, Near Beach

Phone: 914442151747

Adult Diapers: Rs.350-550

Walking Sticks: Rs.175

Wheel-Chairs:Upon Order

Hi-Tech Products: All adult care items

Others:Rubber Sheets, Bedpans

Institutional Support

1. AKSHAYA POLY CLINIC

No 59, M G Road Vannandurai, Besant Nagar,
Chennai - 600090, Near Ponnusami Hotel

Contact Person: Dr.Ramesh Sadasivan

Phone: 9282147984

Capacity: 10

Experience with Dementia:Yes

Admission of Dementia: Yes

Staff Profile:8

Price Range:Rs.10000-20,000

Psychiatrists

1. DR. CHITRA MEDICAL FOUNDATION & V.V.CLINIC

No 27 Mf Sivedha, 3rd Avenue, Besant Nagar,
Chennai - 600090, Near Varasidhi Vinayaga
Temple & HDFC ATM

Contact Person: Dr. SivaSubramaniam

Phone:919444058596

Email: drasiva@yahoo.com

Services: Psychiatric Counselling etc

Years of Experience: 38

Experience with Dementia: Yes

2. THE CHENNAI SPECIALITY CLINIC

No 58, M G Road, Besant Nagar, Chennai -
600090,
Near Vannanthurai Bus Stop

Contact Person: Dr. Shalini

Phone:914439341520

Services: Psychiatric Counselling

Years of Experience: 12

Experience with Dementia: Yes

Psychologists

1. DR.GIRIDHAR AS

No D 5 Bay View Apartment, Parvati Street,
Besant Nagar, Chennai – 600090

Contact Person: Mr.Giridhar

Phone: 9840335253

Email: girix01@yahoo.com

Services: Extinctional Psychologists

Years of Experience: 10

Experience with Dementia: Yes

Additional services

1. MADRAS CRAFT FOUNDATION

No 6 Madhuram Flats Shop No G-3, Urur Alcott
Road,
Besant Nagar, Chennai - 600090, Near Rajaji
Bhavan

Contact Person: Ms.Vishali

Phone Number: 914424462435

Type of Resource: Heritage Museum NGO

Services Provided: Reduced Ticket prices for
Dementia Patients.

CHOLAIMEDU

Physiotherapists

1. GVS PHYSIOTHERAPY CLINIC

No 153, Zakaria Colony Choolaimedu High Road, Choolaimedu, Chennai - 600094, Near To Kodambakkam Bridge

Contact Person:Dr. .G. Sakthivelan

Phone:044-33068804

Email:dr_sakthi2002@yahoo.com

Website: <http://www.gvsphysio.com/>

Services:home care services, physiotherapy

Years of Experience:15

Experience with Dementia:Yes

Home Visits:Yes

Pharmacies

1. GUARDIAN PHARMACY

12/1, Choolaimedu High Road, Choolaimedu, Chennai - 600094, Near kodambakkam high road

Phone:+91-9566262666

Adult Diapers & Rubber sheet price: Adult diapers, rubber sheet,

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

2. SRI RAM MEDICALS

No 41/3, Choolaimedu, Chennai - 600094, Arunachalam Nagar Near Choolaimedu Police Station

Phone :044-45552445

Adult Diapers & Rubber sheet price: adult diapers only. Price depends on the product

Walking Stick and Price: no

Wheelchair and price: no

Hi-tech price: no

3. SRI SAAI MEDICALS

34, Choolaimedu High Road, Choolaimedu, Chennai - 600094

contact person: K. Mohan

Phone :044- 24811989

Adult Diapers & Rubber sheet price: Adult diapers: 400

Rubber sheet: 1m - 180

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

CIT NAGAR

Pharmacies

1. SAFA MEDICALS

22/58, Thirumalai Pillai Road, CIT Nagar, Ch - 35

Phone :044-28344949

Address: 22/58, Thirumalai Pillai Road, CIT Nagar, Ch - 35

Adult Diapers & Rubber sheet price: adult diapers: 500,550; rubber sheet: 200/m.

Walking Stick and Price: No

Wheelchair and price: No

Hi-tech price: No

CHROME PET

Physiotherapists

1. GANESH PHYSIOTHERAPY CLINIC

No. 3A/7, Shanmugam Road, Tambaram West, Chennai - 600045 Near Naidu hall.

Contact Person:Subramanian

Phone:+91-9710422834

Email:subbuthera@gmail.com

Services:Has treated patients with Parkinson's

2. PEBBLES THERAPY CENTRE

No 16/29 New Colony, 1st Main Road, Chrompet, Chennai - 600044, Behind PTC Aviation Academy

Contact Person:Silambarasi

Phone:044-39613329

Services: Offer occupational therapy, speech therapy and physiotherapy

Experience with Dementia: Don't take in geriatric patient though it is possible for speech therapy alone.

Psychologists

1. DR CHARULATHA

No 38/21 Prathikshaa Rehab Centre & Special School, 2nd Main Road, Chrompet, Chennai - 600044, New Colony Near Municipal Office

Contact Person:Mrs Ambika

Phone:+91-9176210432/ 9840946650/
9789073646/ 9840895586/ 044-42877367/
044-22410370

Email:sharani2ambi@yahoo.co.inwww.prathikshaa.com/

Services:, occupational therapy, speech therapy and counselling for both adults and children, takes in patients with schizophrenia, hasn't treated patients with dementia but is willing to take them in.

Occupational therapists

1. PRIYANJAY THERAPY CLINIC

No 16/34, Laxmi Nagar Vaishnava College Road, Chrompet, Chennai - 600044, Near Vaishnava College

Contact Person:Priya Vijayakumar (occupational therapist)

Email:priyanjay.therapy@gmail.com/
vijaykacharya@aol.in

Services: Does speech, visual and occupational therapy

Experience with Dementia: Do not take in patients above the age of 55.

ECR

Physiotherapists

1. RITHIGAH PHYSIOTHERAPY CLINIC

ECR Bazaar Street, Injambakkam, Chennai - 600115, Near Eswari Hotels

Contact Person: Dr. Karthika

Phone: +91-9444300820, 9442956084

Email: tkarthik81@rediffmail.com

Services: All physiotherapeutic services

Years of Experience: 15

Experience with Dementia: Yes

Old Age Homes

1. ST. SUSAN OLD AGE HOME

231, V.G. P. Second Main Road, Uthandi, Chennai - 600 119

Contact person: Devaki

Phone: 04424531301/ +91-9840718357/9003103452

Email id.: mur_lee4u@yahoo.co.in
subhadramercyhome2000@yahoo.co.in

Experience with Dementia: Yes

Trained staff: no

Admission of patients with dementia: Yes

Medical Services Available: Yes

Capacity: about 40

Availability on date: Yes

Price: depends on the patient's needs

2. VARAM HEALTH CARE

54, Kamarajar Street, Ramalinga Nagar, Vettuvankeni.

Contact person: Dr. Ram Prasad

Phone : +91-9566892281/9094518281

Email : meetdr.ram@gmail.com

Experience with Dementia: Yes

Trained staff: no. (Doctors take care of them medically, But the attenders are not trained)

Admission of patients with dementia: Yes

Medical Services Available: Yes

Capacity: Upto 15

Availability on date: Yes

Price: depends on the patient's needs

Day Care Centres

1. DEMENTIA DAY CARE CENTRE

4/206A, Manasarovar Building, M. G. R. Salai, Palavakkam, Chennai

Phone: 044-24493165

Services Provided: Provides day care services along with cognitive exercises. They have a pick up van along the established route. Refreshments and lunch is provided. 2 months once a psychiatrist checks their health status. Timings: 10:00 - 3:00 6000/- pm

GUINDY

Elder Care Shops

1. MADHA MEDICALS

No. 2/1, Vandikaran Street, Nehru Nagar,
Guindy, Chennai – 600032 Near Guru Nanak
College

Contact person: Dayalan

Phone: 044 22442925, +91-9940223215

Products sold: Sell Diapers (Rs 400 - 500) and
Rubber sheets (Rs 180)

2. MURUGAN MEDICALS

No. 2, Door No. 68C, Pillaiyar Koil Street,
Maduvankarai, Guindy, Chennai – 600032 Land
Mark: Near Gangaianman Temple

Contact person: Kani

Contact no: 044 - 42103066, 9566076960

Email: pharmavinoth1984@gmail.com,
www.muruganmedicals.com

Products sold: diapers (Rs 450) and rubber
sheets (Rs 220)

KILPAUK

No.214, Evr Periyar Salai, Poonamallee High Road, Kilpauk. Chennai. (Landmark: Near Sangam Cinema Hall)

Contact person:Dr. Geetha Lakshmiopathy

Phone:044 3301 2951 (Dial Extension: 836)

Physiotherapists

1. BONE & JOINT PHYSIOTHERAPY

No. 16 Medavakkam Tank Road, Kilpauk, Chennai – 600010

Contact person:Dr. Rajeshwarar

Phone:044 26453626/+ 91- 9941229216

Email:gdr_gun@yahoo.co.in

2. KINATICS

126, Halls Road, Kilpauk, Chennai – 600010

Services: Physiotherapy and rehabilitation centre

3. SPINE & PAIN CARE CLINIC

No. 34 Halls Road, Near Bank Road, Kilpauk, Chennai

Contact person: Dr. Vemban Sivakumar

Services: Cryotherapy, Heat Therapy, Electrical Stimulation, Tens, Strengthening Exercise, Range of Motion Exercise, Gait Training.

4. VIJAYA PHYSIOTHERAPY

Old No. 53, New No. 125, Medavakkam Tank Road, Kilpauk, Chennai – 600010 (Near HP Gas)

Phone: 044 33065717

Services: Fitness Program and Weight Management, Post-Operative Rehabilitation, Electrotherapy

Psychologists

1. KUMARAN HOSPITAL

Additional Services

1. DEAN FOUNDATION

New No.59/Old No.73, 2nd Street, Aspiran Garden Colony, Kilpauk, Chennai - 600010

Contact person:Deepa Muthaiya

Phone:044 – 26454949/ 044 – 26446613/ 044 – 26602112

Email:deanfoundation@gmail.com

Website:www.deanfoundation.org

Services:Hospice and Palliative Care through an Out Patient basis and a Home Based Care Programme. Also provide patients with Hospital Cots, Water Beds, Wheel Chairs, Bed Pans, Urinals and Commodities

2. GERIATRIC HOUSECALL PROGRAM

Old No. 18, A, New No. 50, Flowers Road, Kilpauk, Chennai – 600010

Contact person:Dr. V.S. Natarajan/ Capt. M.Singaraja/ Mr. M.S. Murugaiyan/ Mr. Vasudevan

Phone:

Dr.V.S.Natarajan -Phone No: 26412030

Capt.M.Singaraja - Phone: 28231388.

Mr.M.S. Murugaiyan – Cell: 9884145189

Mr.Vasudevan – Cell: 9444479315

Email:dr_v_s_natarajan@yahoo.com

Website: www.geriaticsdsvsn.com

Services:Doctors, Physiologists, Psychologists, Physiotherapists, House-call program for elderly, Nursing Aide, e.t.c.

Home Visits: Yes

3. LAKSHMI PAIN & PALLIATIVE CARE TRUST

Koko House, 9, Harleys Road, Kilpauk, Chennai-600 068.

Contact person:Dr. Mallika Tiruvadanan

Phone:044-26411879

Website: www.lakshmitrust.org

Services:Hospice and Palliative Care :
Outpatient Clinic, Inpatient Clinic, Home Visits,
Lymphoedema Clinic

Home Visits: Yes

Old Age Homes

1. VUYIROLI WELFARE SOCIETY

Home: Perungavur, Cholavaram Panchayat
Thiruvallur District

Office: 221/151, 1st Floor, Varadhammal
Garden I Street, Barracha Road, Kilpauk,
Chennai 600010

Contact person: Mr. P. Rajkumar

Phone: 9444242526, 044-25324515

Medical Services Available: Interested in
Dementia care giver training programs.

Type: Men & Women

KK NAGAR

Nursing Agencies

1. BEST EMPLOYMENT SERVICES

No 19/2, Anna Main Road,
Mgr Nagar, K K Nagar,
Ch -78, Near EB Office

Contact Person:Mary

Phone:044-64134874, +91-9841667433

Qualification:Hold a nursing degree and are trained before recruitment. Currently have 30 nurses on staff.

Care for Dementia: Yes

Trained Staff: Yes

2. LARA HOME NURSING SERVICES

Old No 04 New No 11,
Dr Gopalamenon Road,
Kodambakkam, Ch - 24,
Near Railway Station

Contact person: Lawrence

Contact no: 044 – 24891830

Email:yt_lara@yahoo.co.in

Experience: Have worked with dementia patients.

KODAMBAKKAM

Elder Care Shops

1. VELAN SURGICAL CO

Old No 04 New No 11, Dr Gopalamenon Road,
Kodambakkam, Ch - 24, Near Railway Station

Contact person: Vasudevan, Karthikeyan

Contact No:044-24841871, +91-9841248666

Email: velsco@gmail.com

Products sold: Also sell beds, and other items
that are generally used at a hospital.

Rs 700 - 2000 – Walker; Rs 600 - 100 - Walking
stick

KOLATHUR

Physiotherapists

1. SHAKTI PHYSIO CLINIC

Near Ganga Pharmacy, Moogambigai Nagar,
Kolathur, Chennai -99

Contact person:Dr. Gnanasoundari

Phone:+91-9790743346

Email:kempugnanam@gmail.com

Services:Pediatric, stroke, arthritis, neuro and
otho.

Years of experience:>3

Experience with Dementia:No

2. VASHASHEELA PHYSIOTHERAPY

49, Nethaji street, GRT Builders Mangalam,
Vanasakthi Nagar, Kolathur, Chennai -99

Contact person:Dr. Mohankumar

Phone:+91-9843283831

Email:mohankumaarpt@gmail.com

Services:Physiotherapy

Years of experience:12

Experience with Dementia:Yes

Home Visits: Yes

3. VASHASHEELA PHYSIOTHERAPY

27, Thillai Nagar, Kolathur, Chennai -99

Contact person:Umamageshwari

Phone:+91-9962340777/ +91-8754657477

Email:umaphysio@gmail.com

Services:Physiotherapy

Years of experience:>7

Experience with Dementia: Yes

Home Visits: Yes

4. VS PHYSIOTHERAPY CLINIC

Contact person:Dr. Vennila

Phone:+91-9500189921

Email:vennilaselvam@gmail.com

Services:Physio

Years of experience:>8

Experience with Dementia: No

Home Visits: Puthur, Kolathur, Ambattur

KORATTUR

Physiotherapists

1. B.M. CLINIC

Annai Nagar, North Railway Station Road,
Korattur, Chennai – 600050

Contact Person: Mr. Boopathy

Phone: 9382110842

Email: boopathy089@gmail.com

Services: Physiotherapy sessions for Mild
Level only.

Years of Experience: 3

Experience with Dementia: Yes

KOTTURPURAM

No.52, Ponniamman Koil Street,
Kotturpuram, Chennai - 600085,

Contact Person:Raja Mohammed

Phone: tel:+914424912978

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

Elder Care Shops

1. APOLLO PHARMACY

No 23/9, Ponniamman Koil Street,
Kotturpuram,
Chennai - 600085, Opposite Kandhan Garden

Contact Person:Mr.Arun Prasad

Phone: tel:+914424474443

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

2. BAVASHREE MEDICALS

No 21, Lake View Road, Kotturpuram,
Chennai - 600085, Opposite To Eb Office

Contact Person: Maheshwari

Phone: 8056093946

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

3. KRISHNA MEDICALS

No: 67, Ellaiamman Koil Street,
Kotturpuram, Chennai - 600085,
Opposite To Srinivasa Bakery

Contact Person: P. Rajkumar

Phone: 9884090870

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

4. MADRAS MEDICALS

5. MEDPLUS

Old No:78 New No :24/1, Ponniamman Koil
Street,
Kotturpuram, Chennai – 600085

Contact Person: Shiva

Phone: tel:+914443066534

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

Institutional services

1. VIDYA SAGAR FORMERLY THE SPASTICS SOCIETY OF INDIA

No 1, Ranjith Road, Kotturpuram,
Chennai - 600085, Near Anna University

Contact person:Jeyanthi Naryanan

Phone:22351624

Email:fbr@vidyasagar.co.in

Services:Rehabilitation andcounselling

Years of experience:5

Experience with Dementia: Yes

Physiotherapists

1. BEE HEALTH STUDIO PVT. LTD

No 48/58 MIG Flats, Lattice Bridge Road Indira Nagar,
kotturpuram, Chennai – 600020
Opposite Barani Hotel

Contact person:Sivabalan

Phone: <tel:+914443227277>

Email:siva.kmh@gmail.com

Services: Physiotherapy/ specialize in Neurological disorders

Years of experience: 7

Experience with Dementia: Yes

2. HEMAS HEALTH CARE

No 107/1 Shop No A7, L B Road,
Adyar, Chennai - 600020,
Opposite To Indian Oil Petrol Bunk

Contact person:Shekar

Phone:9790935409/9789098621

Services: Physiotherapy

Years of experience: 5

Experience with Dementia: Yes

3. JVS PHYSIO CLINIC

No.2/5, Lake View Road, Kotturpuram,
Chennai - 600085, Near ellaiamman temple

Contact person: Nithya

Phone: 09841074999

Email:jvsjose@gmail.com

Services: Physiotherapy

Years of experience: 14

Experience with Dementia: Yes

4. RAMESH KHANNA PHYSIO CLINIC

87/38 2nd Main Road, Gandhi Nagar,
Adyar, Chennai - 600020, Near KVB school

Contact person:Ramesh Khanna

Phone:<tel:+919962938177>

Email: mavyphysio@gmail.com

Services: Physiotherapy

Years of experience: 13

Experience with Dementia: Yes

5. VINUS PHYSIOTHERAPY CLINIC

No 12, 3rd Cross Street, Chennai - 600020,

Contact person:Vinodhini

Phone:8056093946

Email: vinusphysio@gmail.com

Services: Physiotherapy, Acupuncture

Years of experience: 8

Experience with Dementia: Yes

MANALI

Old Age Home/ Cancer Patient Hospice

1. JEEVODAYA (A HOSPICE FOR CANCER PATIENTS)

New No.1/272, 1/186, Kamaraj Road,
Mahali Post, Mathur,
Chennai 600 068

Contact person: Ms. Laltiha Teresa, Tryphosa

Phone: 044-25555565, 044-25559671

Admission of patients with dementia: They can admit as per DR's advise.

Type: Men & Women

MEENAMBAKKAM

Nursing Agencies

1. KARUNYA PLACEMENT SERVICE

Address: No. 5, EVR Street,
Meenambakkam, Chennai - 27
near Ambedkar Statue

Contact person: Joseph

Phone: 044 - 22561132, +91-9381057859

Email: josephrani2005@yahoo.co.in

Services: They do send in home nurses trained to treat dementia patients.

Home Visits: Yes

MOGAPPAIR

Physiotherapists

1. BHARATHI PHYSIOTHERAPY CLINIC

2/41, Valayapathy salai, Mogappair East, Chennai

Contact Person: Dr. Mani

Phone: +91-9840242984

Email: manibharathiactor@gmail.com

Services: General physiotherapy services

Years of Experience: 15

Experience with Dementia: No

Home Visits: No

2. BHUVANA PHYSIOTHERAPY CLINIC

37, DABC Main road, Nolambur, Mogappair, Chennai

Contact Person: Dr. Kalidasan

Phone: +91-9841992941

Email: kalidasan78@gmail.com

Services: Physiotherapy

Years of Experience: 15

Experience with Dementia: No

Home Visits: Yes

3. JAYASHRI PHYSIOTHERAPY CLINIC

4, 1st lane EVR Periyar High Road, Mogappair East, Chennai

Contact Person: Manohar

Phone: +91-9025653592

Email: manophysio16@gmail.com

Services: Physiotherapy; Rehab; Equipped with portable machinery for services

Years of Experience: 15

Experience with Dementia: Yes

Home Visits: Mogappair, Ambattur, Anna Nagar

4. LAKSHEETHA PHYSIOTHERAPY CLINIC & REHABILITATION CENTRE

2/41, Valayapathy salai, Mogappair East, Chennai

Contact Person: Dr. Mani

Phone: +91-9840242984

Email: manibharathiactor@gmail.com

Services: General physiotherapy services

Years of Experience: 15

Experience with Dementia: No

Home Visits: No

5. PHYSIO FOCUS PHYSIOTHERAPY CLINIC

21, VGP Nagar, Mogappair West, Chennai

Contact Person: Dr. Punniyakotteswaran / Mrs. Kavitha

Phone: +91-9840490215/+91-9840635470

Email: kavithas@gmail.com

Services: Physiotherapy & Exercise

Years of Experience: 15

Experience with Dementia: No

6. REHOBOTH MULTISPECIALITY CLINIC

2/41, Valayapathy salai, Mogappair East, Chennai

Contact Person: Dr. Vijayakumar

Phone: +91-9940020093

Email: victoryhealthconnections@gmail.com

Psychologists

1. SOLUTION COUNSELLING CENTRE

1/678, Valayapathy salai, East Mogappair,
Collector Nagar

Contact Person: Dr Devaraj

Phone: +91-9283449977

Email: 2drdevaraj@gmail.com

Services: Counselling & Therapy;
Rehabilitation

Years of Experience: 16

Experience with Dementia: Yes

2. SHRIDEVI SUDHARSAN

A9 Metro Castle 2nd floor, Paneer Nagar,
Mogappair

Phone: +91-988407753

Email: shridevisudhar223@gmail.com

Services: General counselling; Post psychosis
treatment counselling for caregivers

Years of Experience: >12

Experience with Dementia: Yes

3. DR. VINITHA

No 1, Spartan Nagar Near Anger Restaurant,
Mogappair, Chennai – 600037

Phone: +91-9566241116

Services: Counselling; Hospital reference;
Home visits

Years of Experience: 16

Experience with Dementia: No

Occupational therapists

1. AUTISM BRIGHT

Contact person: Akila Palani

Phone: +91-9283127274

Services: Audio and speech therapy; Paediatric
and Autism therapy

Years of experience: >14

Experience with Dementia: No

2. MOGAPPAIR OCCUPATIONAL THERAPY CLINIC

Contact person: Dr. Senthilkumar

Phone: +91-9841585955

Email: senthil_solutions@yahoo.co.in

Years of experience: 18

Experience with Dementia: Yes

Old Age Homes

1. KALAISELVI KARUNALAYA SOCIAL WELFARE SOCIETY

No PP-1 3rd Block, Karnan Street,
Mogappair West,
Chennai 600037

Contact person: A. Purusothamman
(Secretary)

Phone: 044 - 26257779/26254956/26359495,
9282232323

Admission of patients with dementia: They
can admit mild level PWD but not moderate
and severe PWD.

Type: Men & Women

MYLAPORE

Old Age Homes

1. ANNAI ILLAM

No.34, East Mada Street,
Nr. Kapaleeshwarar Temple
East Mada Street, Mylapore,
Chennai 600 004

Contact person: Mrs. Rani Krishnan
(Secretary)

Phone: 9444444874, 044 - 42102175

Medical Services Available:

Capacity: Approx 10 beds

Price: (Approx) Rs. 12500 to Rs.25000 .They
will admit in paid home division only.

Type: Women

NUNGAMBAKKAM

Physiotherapists

1. ELDERLY CARE PHYSIOTHERAPY CENTRE

No.38/1, Kodambakkam High Road,
Nungambakkam

Contact: Dr. David Vijay Kumar M.P.T

Phone:044-65653335 / +91- 9884130430 /
9940234934

Email

elderlyphysiocare@gmail.com/
info@elderlyphysiocare.in

Website: www.elderlyphysiocare.in

Experience with dementia: Yes

Years of Experience: 20 years

Services provided: Also called as 'First Fall clinic'. They believe that falls can be controlled. They treat patients with Parkinson's, Alzheimer's and cases of dementia too

2. DR. R. EDWIN VIMALRAJ

New No 135, Old No 65/1,
Sree Adhithiyaa Illam, Harington Road,
Shenoy Nagar, Chennai

Contact number: 9941173997/9841740283

Experience with Dementia: Yes

Services Provided: Ortho and Physiotherapy

Occupational Therapists

1. VIDYANJALI THERAPY CENTRE

No 148, Valluvar Kottam High Road, Near To
Nungambakkam Police Station,
Nungambakkam, Chennai.

Name of the Therapists: John Miller, Dr.
Vidyanjali, Kavita, Bonnet Kishore

Phone: 044 – 42132595

Experience with dementia: Yes

Years of Experience: Dr. John Miller (15), Dr.
Vidyanjali (15), Dr. Kavita (8), Dr. Bonnet (10)

Service Provided: Occupational Therapy, Art
therapy, Alternate External therapy

Pharmacies

1. GANESH PHARMACY

No.23/1, Dr. Thirumurthy Nagar,
Nungambakkam, Chennai - 600034
Land Mark: Opposite GG Hospital

Contact Person: Kannan

Phone :044-28269484/044 - 28282392

Adult Diapers & Rubbersheet Price: Could be
arranged based on order.

Walking Stick: Could be arranged based on
order.

Wheelchair: Could be arranged based on
order.

Hi-tech Products & Prices: no

2. JAI VENKATESWARA MEDICALS

No.199/4, Kodambakkam High Road,
Nungambakkam, Chennai - 600034.

Phone no.: 044-28170830

Email Id:

www.muthukumar.raj1993@gmail.com

Adult Diapers & Rubbersheet Price: Yes,
price depends on the product

Walking Stick & Price: no

Wheelchair & Price: no

Hi-tech Products & Price: no

3. KUMARAN PHARMACY

No.1-A, Vaigundapuram , Nungambakkam,
Chennai - 600034, valluvarkottam high road

Phone :044-28172030

Adult Diapers & Rubbersheet Price: Yes,
price depends on the product

Walking Stick & Price: no

Wheelchair & Price: no

Hi-tech Products & Price: no

4. LISTER MEDICALS

2, choolaime du hr, near Nungambakkam railway
station, Choolaimedu, Chennai 6000 94

Phone: 044-23744095

Adult Diapers & Rubber sheet price: Ad: 460.
rs: 120 -130/ pack.

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

5. MAJESTIC MEDICALS

No.13, Jambulingam Street, Nungambakkam,
Chennai - 600034, Near Nungambakkam Police
Station

Contact Person: Sundar

Phone no.: 044-28272445

Adult Diaper and Rubber Sheet: Not
available in the shop. But will supply based on
order.

Walking Stick and Price: Not available in the
shop. But will supply based on order.

Wheelchair and price: Not available in the
shop. But will supply based on order.

Hi- tech Products & Price: no

6. NARAYANAPPA PHARMACY

No. 50, Kavery Complex, MG Road,
Nungambakkam, Chennai - 600034

Contact Person: Kirthan

Phone No: 044-42056393/ 044-28216393

Email: npc_exports@hotmail.com

Adult Diapers & Rubbersheet Price: Yes.
Price depends on the product

Walking Stick: Yes. Price depends on the
product

Wheelchair: Yes. Price depends on the product

Hi-tech Products & Prices: Could mail them to
know the availability of the products.

7. NEW DEVI PHARMACY

No.300, Valluvarkottam High Road,
Nungambakkam, Chennai - 600034, Nearest
just Kotton

Phone :044-28250557

Adult Diapers & Rubbersheet Price: Yes,
price depends on the product

Walking Stick & Price: Yes, price depends on
the product

Wheelchair & Price: Yes, price depends on the
product

Hi-tech Products & Price: no

8. PALANI PHARMACY

Old No. 80, 57, Valluvar Kottam High Rd, Seetha
Nagar, Nungambakkam, Chennai, Tamil Nadu
600034

Phone No.: 044-28275211/044-42056586

Email: palanipharmacy@yahoo.com

Adult Diapers & Rubbersheet Price: Yes.
Price depends on the product

Walking Stick: Yes. Price depends on the products

Wheelchair: Yes. Price depends on the products

Hi-tech Products & Prices: no

9. PRASAD MEDICALS

No.3/93, Nungambakkam High road.

Phone no.: 044-42137255

Email Id: mayurmehta79@gmail.com

Adult Diapers & Rubbersheet Price: Yes, price depends on the product

Price: No

Wheelchair & Price: No

Hi-tech Products & Price: No

10. SHREE SANKARA MEDICALS

New no.18, Old no.21, Nageswara Road, Nungambakkam, Chennai - 600034, Nearest child hospital

Contact person: Deva

Phone: 044-28220783

Adult Diapers & Rubbersheet Price: Yes, price depends on the product

Walking Stick & Price: no

Wheelchair & Price: no

Hi-tech Products & Price: no

11. VIGNESH MEDICALS

No. 11, Velayudam Street, Valluvar Kottam High Rd, Tirumurthy Nagar, Nungambakkam, Chennai, Tamil Nadu 600034

contact person: Dinesh

Phone no.: 044-28221568/044-52611777

Adult Diaper and Rubber Sheet: Yes. Price depends on the product

Walking Stick and Price: no

Wheelchair and price: depends on the products

Hi- tech Products & Price: no

Additional Services

1. INDIAHOMEHEALTHCARE.COM

No D4, 2/32 2nd Floor, Rams Square, Valluvarkottam High Road, Nungambakkam Chennai - 600034
Tamil Nadu. India

Contact number: 044-4359 4456

Email Id: chennai@ihhc.in

Website:

<http://www.indiahomehealthcare.com/>

Services provided: nurses, caretakers, doctors and Physiotherapists

OLD WASHERMANPET

Physiotherapists

1 . JYOTHI PHYSIOTHERAPY CLINIC

Old no:53,new no:120, mayor basudev street,
Old Washermanpet, Chennai - 600021, Behind
Maharani Cinema Hall.

Contact Person: Mr .Mukundan

Phone: 044-33065843

Services: Physiotherapy sessions for Mild,
Moderate and Severe Levels.

Years of Experience: 14

Experience with Dementia: Yes

Nursing Agencies

1 . AMMA APPA HOME SERVICE

No- 162A, Ajes Nagar, 2nd Street, Tondiarpet,
Power House, Chennai - 600081

Contact Person: Mr. C.R. Balaji

Phone: 8015520035

Email:
ammaappasevaimudiyoorillam@gmail.com

No. of Nurses: 7

Qualification of Nurses: 10 std

Care of Dementia: Yes

Services: Bed care and General Nursing

Charges: 300 to 500 Rs per day (approx)

OTTERI

Nursing Agencies

1 . IMAYAM FACILITY SERVICE

No 112, Strahans Road, Near Indian Bank
Upstairs, Otteri, Chennai - 600012

Contact Person: Bindhya

Phone: 9176635000 9176211999, 44-
26620275

Email: imayamnursing@gmail.com

No. of Nurses: 200

Qualification of Nurses: B.Sc or Diploma in
Nursing

Care of Dementia: Yes

Services Provided: Bed care, Ryles tube
feeding, Wound care, O2 administration and
others

Charges: 500 to 750 Rs per day (approx)

PALLAVARAM

Physiotherapists

1. DR. NAVEEN KUMAR

2, Ramanjunam Street, Periyar Nagar,
Nagalkeni, Pallavaram, Landmark: Near Noor
Mahal, Chennai

Contact person:Dr. Naveen Kumar

Contact No: +91-9677138075

Email:jayakumar.doss@gmail.com

Experience with Dementia: Hasn't treated
dementia patients but is willing to treat them.

Services: Sends in physiotherapist to the
patient's homes as well as treats them at the
clinic.

PALLIKARANAI

Physiotherapists

1. BETHANY PHYSIOTHERAPY CENTRE

M S Complex, Velacheri Main Road,
Pallikaranai, Chennai - 600100, Oil Mill Bus
Stop

**Name of the therapist: Dr. Irvin Vinil and Dr.
Mahil Irvin**

Phone :044-33152028

Email id.:irvin_vinil@rediffmail.com

Website:

Experience with DEMENTIA: YES

Years of Experience: 4 – 5 years

Services Provided: Physiotherapy services

2. SLPHYSIOCARE

Velachery Main Rd, Pallikaranai, Chennai -
600100, Near Sivan Temple

Name of the therapists: Dr. Janani Deiveegan
and Dr. Ganesan

Contact :+91-9884656395 (Dr. Janani)

Email id.:jananiedeiveegan@gmail.com

Experience with dementia: Yes

Years of Experience: 4 years

Services Provided: All physiotherapeutic
services and necessary equipment and fitness
consultation available.

PERAMBUR

Services:Exercise therapy; Electrotherapy; Physio; Pain Neuro & Musculoskeletal

Years of experience:>10

Experience with Dementia: Yes

Physiotherapists

1. HEALING TOUCH PHYSIOTHERAPY & PAIN RELIEF CLINIC

Contact person:Dr. Swapna

Phone:+91- 9884470554

Email:physio_swapna@yahoo.co.in

Services:Exercise therapy; Rehab

Years of experience:19

Experience with Dementia: Yes

2. MAS ORTHO & PHYSIO CLINIC

Contact person:Dr. Prasanna

Phone: +91- 9884150099

Email:praven009@gmail.com

Years of experience: 7

3. MVS DHAS PHYSIO CLINIC

Contact person:Dr. Manoranjith

Phone:+91-9445375217

Email:smranjith@yahoo.com

Services: Physio, homeo, pain relief, nervous system related therapies

Years of experience:>16

Experience with Dementia:No

4. SUN POLYCLINIC

Contact person:Dr.Swapna

Phone:+91-9840906184

Email:swapnamichael@gmail.com

PORUR

Physiotherapists

1. ARIVU PHYSIOTHERAPY CLINIC

No.104, Arcot Road, Porur, Chennai-116

Contact person:Dr. Puratchirasan

Phone:+91-9444626506/ +91-9566066046

Email:nvprs76@gmail.com

Services:Mostly pain relief

Years of experience:14 Years

Experience with Dementia:Yes

Home Visits: Yes

2. FIT TO LIVE

No 4/176, Vanagaram Main Road, Porur, Chennai - 600116, (Andal Nagar Near Rajiv School)

Contact person:Dr. Sathish Kumar

Phone:+91-9941344043

Email:satheesh.physio@gmail.com

Services:Electro therapy. Pain Relief.

Years of experience:7 years

Experience with Dementia:No

3. HEAD TO HEAL PHYSIOTHERAPY CLINIC

No. 3/14, Vishwanathan Main Road, Dharmaraja Nagar, Porur, Chennai - 600116 (Land Mark: Near Grand Residency Hotel)

Contact person:Dr. Andrew

Phone:+91- 9941412435/ 044 – 24768626

Email:andrewphysiofit@gmail.com

Services:Acupuncture, Ayurvedic sidha, physiotherapy.

Years of experience:10 Years

Experience with Dementia:No

4. NEHA PHYSIOTHERAPY CLINIC

No.20, Eswaran Koil Street, Porur, Chennai – 600116

Contact person:Dr. Nancy Priya

Phone:+91- 7871229229

Email:nancypriyabpt@gmail.com

Services:Mainly Exercise programmes. Rehabilitation programmes also available.

Years of experience:9 Years

Experience with Dementia: Yes

5. SARASWATHI PHYSIOTHERAPY

No. 116/6, Trunk Road, Porur, Chennai - 600116 (Land Mark: Near SBI Bank ATM)

Contact person:Dr. P. Devayani

Phone:+91- 9841899500

Services:Physiotherapy services are provided.

Years of experience:5

Experience with Dementia: No

6. SHANJEEVI YOGA & NATUROPATHY CLINIC & SHANJEEVI ORGANICS

No 3, Arcot Road, Porur, Chennai – 600116 (Near Porur Junction)

Contact person:Dr. Shanmugam

Phone:+91- 9003174504

Email:drshanwin@gmail.com

Website: www.shanjeevi.com

Services:Diet therapy, Acupuncture, Exercise, Yoga, Hydrotherapy. Counselling is also done.

Years of experience:>10

Experience with Dementia: No

7. SHREE PHYSIOTHERAPY HOME

No. 7A, SS Nagar, Karmabakkam, Porur,
Chennai - 600116 (Land Mark: Behind
Venkateswara College)

Contact person:Dr. A. Jayashree Harini

Phone:+91-9940538488/ 044 - 24765223

Email:ajharini@rediffmail.com

Website:www.shreephysiotherapyhome.com

Services:Orthopaedic. Mainly back and knee
pain.

Years of experience: 8

Experience with Dementia: Yes

Nursing agencies

1. BRIDGE MEDICAL PLACEMENT SERVICES

1C, 3rd Floor, Muktha Apartments, 76/1,
Mount Ponamallee Road, Porur, Chennai
600116 (Landmark: Near ICICI Bank)

Contact person:Shiva

Phone:+91- 9445064639

Email:bridgeplacement2007@gmail.com

Services:Services are provided according to
the need of the client.

No. Of Nurses:15

Qualification: Bsc.

Care for Dementia: Yes

Trained Staff: Yes

Experience with Dementia: Not much

Daily/ Hourly Rate: Depends on the needs.

Background Check: Yes

2. CALL WORKERS

No. 199, V.O.C. Street, Sabapathi Nagar, Porur,
Chennai – 600116

Contact person:Gayathri Diwakar

Email:callworkerschennai@gmail.com

Services:Services are provided according to
the need of the client.

Number of Nurses: 10 to 12

Qualifications:12th, B.Sc

Care for Dementia:Yes

Trained Staff: Not specifically trained.

Experience with Dementia:Yes

Daily/ Hourly Rate: Depends on the needs

Background Check: Yes

Old Age Homes

1. GOLD AGE

1/5, Murthy nagar, Chettiyar Agaram,
SRML Hospital Back side,
Satyalok Road, Porur,
Chennai 600077

Contact person: Mr. Varadhan

Phone: 044 – 24763737, 044-65156968,
92824112555, 9282216333

Capacity: 60 beds

Price: (Approx)Min- 9,000 and max – 15,000

PURASAIWALKAM

No.10/19, Purasai Towers, Purasawalkam,
Near Saravana Stores, Purasawakkam, Chennai

Contact person: Dr. Gowdhama Kumaran

Phone: 044 66205701 (308)

Services: Nerve & Muscle Disorders, Electrical Stimulation, Traction, Post surgery Rehabilitation, Ultrasound, Laser, Wax Therapy, Tens.

Physiotherapists

1. CASHA CLINIC

No. 78/79, Rithtrerton Road, Doveton,
Purasawalkam, Chennai – 600007

Contact person: Dr. Habbebu Rahman

Phone: +91- 9841139160

2. MAS ORTHO & PHYSIO CLINIC

30, Thana Street, Purasawalkam, Chennai –
600007

Contact person: Dr. Prasanna

Phone: +91- 9884150099/ +91- 9790849159

Email: Praven0099@gmail.com

3. SAAMRAT HEALTH CARE

No.94, Purasaiwalkam High Road, Second Floor
No.16, Opposite Abirami Mall, Purasawalkam,
Chennai

Contact person: Dr. Sikkender Kumar Jain

Services: Heat Therapy, Electrical Stimulation,
Soft Tissue Mobilization, Range of Motion
Exercise, Proton Therapy

4. SHASTI PHYSIO CLINIC

Old NO. 38, New No. 99, Dr Alagappa Road,
Purasawalkam, Near V.K Hospital, Chennai –
600084

Phone: 044 33029203

Website: ww.shastiphysioclinic.com

Home Visits: Yes

5. SRI ANNAI PHYSIOTHERAPY CLINIC

6. SRI RAM PHYSIOTHERAPY CLINIC

No.27, Menod Street, Near Ratana Stores,
Purasawalkam, Chennai.

Contact person: Dr. K. Ramanathan

Services: Heat Therapy, Electrical Stimulation,
Tens, Range of Motion Exercise

7. DR. SRI SUDHA

No.4, Audiappa, Mudali Street, Purasawalkam,
Near Lauders Gate, Opp Lady MCTM School,
Purasawakkam, Chennai.

Phone: 044 66949441 (633)

Psychologists

1. NARAYANA HOSPITAL

No 18, Tana Street, Purasawalkam. Landmark:
Near To Church, Chennai.

Contact person: Dr. Jayakumar

ROYAPURAM

Physiotherapists

1 . DHARSHAN PHYSIOTHERAPY & FITNESS HEALTH CENTRE

No 12/9, Kamaraj Park Street, , Opposite Kalaimagal School , Royapuram, Chennai - 600013

Contact Person: Dr. Sudharshan

Phone: 044-25955252, 9941112202

Email: shaunsundar_sss@yahoo.co.in

Services: Physiotherapy sessions for Mild and moderate Levels only.

Years of Experience: 15

Experience with Dementia: Yes

SAIDAPET

Elder Care Shops

1. KANYAKUMARI BHAGAVATHI AND COMPANY

No 56, Old Mambalam Road, Saidapet,
Chennai - 600015, Near Annapoorani School

Contact Person:Mr. Gopal

Phone: 914439616164

Adult Diapers: Upon Order

Walking Sticks: Upon Order

Wheel-Chairs:Upon Order

Hi-Tech Products: Not available

2. LIFE CARE

No 18, V S Mudali Street, Saidapet, Chennai -
600015,
Near Railway Station Above TVS Agni
Showroom

Contact Person:Mr. Mahavir Jain

Phone: 914423812536

Adult Diapers: Not Sold

Walking Sticks: Upon Order

Wheel-Chairs:Upon Order

Hi-Tech Products: Not available

3. SAYAR PHARMACY

No 27, Jeenis Rd, Saidapet,
Chennai - 600015, Near Fish Market

Phone: 918939687755

Adult Diapers: Upon order

Walking Sticks: Not Sold

Wheel-Chairs:Not Sold

Hi-Tech Products: Not available

Institutional Support

1. WISDOM HOSPITAL

14/1, Vijayagampet st, saidapet-15
Behind panagal Malligai

Contact Person:Mr.S.A.Nambi

Phone: 914439619798

Email ID: wisdom_hospital2002@gmail.com

Capacity: 100

Experience with Dementia:Yes

Admission of Dementia: Yes

Staff Profile:12

Price Range:Rs.26000

Services Provided: Physiotherapy,
Counselling services, Psychiatric counselling

Occupational Therapists

1. PRIYAA CHILD CARE CENTRE

#32, Karneeswarar Koil Street, Saidapet.
Landmark: Behind Saidapet Railway Station,
Chennai

Contact Person: Dr.Jeeja Ajit

Phone:914442662350

Years of Experience: 17

Experience with Dementia: Yes

Pharmacies

1. BAWA MEDICALS

No 73, West Jones Road, Saidapet, Chennai -
600015,
Near Jayaraj Theatre Bus Terminus

Phone:+91-9566262666

Adult Diapers & Rubber sheet price: On order

Walking Stick and Price: On order

Wheelchair and price: On order

Home Delivery: Yes

2. MALAR MEDICALS

No 34/3 New No 75, West Jones Road, Saidapet, Chennai - 600015, Near Jayaraj Theatre

Contact Person:

Phone: 914439612993

Adult Diapers & Rubber sheet price: On order

Home Delivery: Yes

3. VAIRA MAHALAXMI MEDICALS

No 2/4, 70 Feet Road Kaveri Nagar, Saidapet, Chennai – 600015

Phone:914433238380

Adult Diapers: Rs.350 and above

Home Delivery: Yes

4. LIFE CARE

No 18,2nd Floor, V.s.mudali Street, Saidapet, Chennai - 600015

Phone:917845677709

Adult Diapers & Rubber sheet price: On order

Walking Stick and Price: On order

Wheelchair and price: On order

Home Delivery: Yes

5. SUSIL PHARMACY

No 30/1, Jones Street, Saidapet, Chennai - 600015, Near Mango Garden

Phone:914443302463

Adult Diapers: Rs.300 and above

Home Delivery: Yes

6. MEDPLUS

12/1, Mosque Street, Saidapet, Chennai - 600015, Near perumal koil temple

Phone:914442614158

Adult Diapers and Price: Rs.350 and above

Walking Stick and Price: On order

Wheelchair and price: On order

Home Delivery: Yes

7. SRI VASANTHAN MEDICALS

No49, V.S. Mudali street, Saidapet, Chennai - 600015, Murugan Kovil

Phone:919840763502

Adult Diapers and Price: Rs.250 and above

Home Delivery: Yes

Physiotherapists

1. JK PHYSIO AND REHAB CLINIC

No 16, Karneeswarar Kovil Street, Saidapet, Chennai - 600015, Near Karneeswarar Kovil

Contact Person: Dr.Kalpana

Phone:914442662350

Email: jkphysioandrehab@gmail.com

Services: Physiotherapy sessions

Years of Experience: 8

Experience with Dementia: Yes

2. PHYSIO CARE CENTRE

#22/23, Vanier Street, Landmark: Near Anjaneyar Temple, Saidapet, Chennai

Contact Person: Mr.Saravanan

Phone:044 3994 2506

Services: Physiotherapy sessions

Years of Experience: 3

Experience with Dementia: No

3. PRIYAA CHILD CARE CENTRE

#32, Karneeswarar Koil Street, Saidapet. Landmark: Behind Saidapet Railway Station, Chennai

Contact Person: Dr.Jeeja Ajit

Phone:914442662350

Years of Experience: 17

Experience with Dementia: Yes

Psychologists

1. PRIYAA CHILD CARE CENTRE

#32, Karneeswarar Koil Street, Saidapet. Landmark: Behind Saidapet Railway Station, Chennai

Contact Person: Dr.Jeeja Ajit

Phone:914442662350

Years of Experience: 17

Experience with Dementia: Yes

2. WISDOM HOSPITAL

14/1, Vijayagampet st, saidapet-15 Behind panagal Malligai

Contact Person:Mr.S.A.Nambi

Phone: 914439619798

Email ID: wisdom_hospital2002@gmail.com

Years of Experience: 10

Experience with Dementia: Yes

Old Age Homes

1. WISDOM

No. 14/1, Vinayagarpet Street, B/h Panagal maligai, Saidapet, Chennai 600015

Contact person: Mr. Vijaya Raman

Phone: 9841738977, 044 24323130

Medical Services Available: Psychiatry, psychologist, Physiotherapy if needed they will assist.

Capacity: 100 beds

Price: Rs. 26,000/-

SALIGRAMAM

Experience with Dementia: Yes

Daily/ Hourly Rate: Depends on the needs

Background Check: Yes

Psychologists

1. ARUNAI THELIRCHI MAIYAM

48/2/2A, Majestic Apartments, Arcot Road,
Saligramam, Chennai - 600 093

Name of the therapist: Porrselvi A. P.
(Specialist in Cognitive and Psychosocial
interventions)

Website: arunaithelirchimaiyam.yolasite.com

Email Id: arunaithelirchimaiyam@gmail.com

Phone: +91-9047452258

Services: cognitive rehabilitation, caregiver
counselling, caregiver and patient education,
stress management, assessments for rehab.

Experience with Dementia: Yes

Years of experience: Has been practicing
since 2013

Nursing agencies

1. SHRI RAGAVENDRA WOMENS POWER SERVICES

Durairaj Street, Devaraj Nagar, Saligramam,
Chennai – 600093 (Land Mark: Near
Shankaranarayanan Temple)

Contact person: Priya

Phone: 044-33054434

Email: espriya007@gmail.com

Services: Services are provided according to
the need of the client.

No. Of Nurses: 20-35

Qualification: All

Care for Dementia: Yes

Trained Staff: Not specifically trained

SHENOY NAGAR

Elder Care Shops

1. SHANTHA MEDICALS

No 45, Lakshmi Talkies Road,
Shenoy Nagar, Chennai - 600030,
Opp To Murali Krishna Theater

Contact Person: Jensi

Phone: tel:+914430581309

Adult Diapers: Yes.(large- 475 medium-450)

Physiotherapists

1. BILLROTH HOSPITAL

No 43, Lakshmi Talkies Road,
Shenoy Nagar, Chennai - 600030,
Near Pachaiyappas College

Contact person:Chitra

Phone:tel:+914442921777

Services: Physiotherapy

Years of experience: 10

Experience with Dementia: Yes

2. DR. RM. ALAGAPPAN (HANDE HOSPITAL)

No 44 A, Lakshmi Talkies Road,
Shenoy Nagar, Chennai - 600030,
Near Billroth Hospital

Contact person:Ravi Kumar

Phone:044 30259975

Services: Physiotherapy

Years of experience: 5

Experience with Dementia: Yes

T NAGAR

Psychologists

2. MRS. SUSHEELA

J Apartments, No 23 Hospital Street, T Nagar,
Chennai - 600017, Near Kanamapet Burial
Ground

Name of the therapist: Susheela

Service provided: Psychologist

Contact number: +91-9444786476

Email Id: look4sufi@gmail.com

Services provided: Eclectic counselling

Experience with Dementia: Yes

3. UR CLINIC

The Clinic, 26/1 Arcot Street,
T.Nagar, Chennai - 600017,
Tamil Nadu, India

Name of the therapist: Dr. Ravi Samuel

Contact number: 044-24337439

Website: www.urclinic.com

Email id: ravisamuel@urclinic.com

Experience with dementia: Yes

Years of Experience: 25 years

Services provided: Behavioural therapy,
Cognitive rehabilitation therapy, CBT

Nursing Services

1. GRAH SEVA

Raghavaiah Rd, T.Nagar, Chennai,
Tamil Nadu 600017

Name of the therapist: Dr. Republica

Phone: +91-9381016588

Email id: rmd.rmd1970@gmail.com

Qualification: Diploma, Bachelors in Nursing
and they provide training in dementia care

Care for Dementia: Yes

Experience with dementia: Yes

Trained Staff: Yes

Services provided: nurses trained in dementia
care and bedside assistance, assisted living.

Rates: 10 hours – 500 – 700

24 Hours - Depends on the care needed

2. RECOVERY NURSING CARE

Bharathy Raja Hospital, G N Chetty Road, T
Nagar, Chennai - 600017

Contact Person: Gracy

Contact number: +91-9003092311/
7871367300

Services provided: all services given

Email id: recoverynursingcare23@gmail.com

Qualification: 3 years experience

Care for dementia: Yes

Experience with dementia: Yes

Trained Staff: as part of their course. no
special training is given by them

No. of Nurses: About 40

Rates: 24 hrs - 1600,
10 hrs – 800

background check: Yes

Pharmacies

1. AAROGYA PHARMACY

No 25 Park Centre, Venkatanarayana Road, T
Nagar, Chennai - 600017, Near Natesan Park

Name of the contact person: Ravichandran

Phone: 044-24313406

Email Id: aarogyapharmacy@yahoo.co.in

Adult Diapers & Rubber sheet price: Yes.

Price depends on the product

Walking Stick and Price: Yes

Wheelchair and price: no

Hi-tech price: no

2. APOLLO PHARMACY

New No 23/25 Old No 11/12 Afsan Palace
Ground Floor, Dhandapani Street, T Nagar,
Chennai - 600017, Opposite Ilakiya Hotel

Phone: 7299956371

Adult Diaper and Rubber Sheet: Adult Diaper
- 450-700

Rubber Sheet - 200

Walking Stick and Price: Yes. 3 and 4 wheel
available

Wheelchair and price: Yes, on order

Hi- tech Products & Price: no

3. AVN MEDICALS

Old No:9/ New No:12, Gandhi Street, T Nagar,
Chennai - 600017, Near Muppathamman
Temple

Phone :044-28144314, 28143524

Adult Diaper and Rubber Sheet: Yes. Price
depends on the product

Walking Stick and Price: Yes.

Wheelchair and price: depends on the
products

Hi- tech Products & Price: no

4. GRAND CITY MEDICAL

Old No 39 C New No 24 C, Rameshwaram Road,
T Nagar, Chennai - 600017, Behind Kumaran
Silks

contact person: Balu

Phone :044-24337176

Adult Diaper and Rubber Sheet: Yes. Price
depends on the product

Walking Stick and Price: Yes.

Wheelchair and price: no

Hi- tech Products & Price: no

5. 5.IDEAL PHARMACY

No 107, G N Chetty Road, T Nagar, Chennai -
600017, Opposite To Accord Hotel

contact person: Varma

Phone: 044-28340947

Email Id: cmrvarma@gmail.com

Adult Diapers & Rubber sheet price: Adult
Diaper - 500-600

Rubber Sheet - 1 m - 150

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

6. KARUPPIAH PHARMACY

No:32-A, North Usman Road, T Nagar, Chennai
- 600017, Opposite to Sony Centre

Phone:044 42606960, 8939642930

Adult Diapers & Rubber sheet price: Adult
diapers: 350 for medium size and 500 for large.
Rubber sheet also available

Walking Stick and Price: available at the
store. Price depends on the products

Wheelchair and price: On order

Hi-tech price:

7. MUTHU PHARMACY

No:22, Thirumalai Pillai Road, T Nagar, Chennai - 600017, Opposite to Vidhyodhaya School

contact person: Subhash

Phone: 044-42605589/ +91-8925413853

Adult Diapers & Rubber sheet price: Adult Diapers, Rubber Sheet,

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

8. NEW CHENNAI PHARMACY

No 33, Sarojini Street, T Nagar, Chennai - 600017, Near Balu Jewellers

Phone: 044-24363657

Adult Diapers & Rubber sheet price: Yes. Price depends on the product

Walking Stick and Price: no

Wheelchair and price: no

Hi-tech price: no

9. OM SHAKTI

No:45/ Shop No:7, Soundarajan Street, T Nagar, Chennai - 600017, Near Hotel Ilakkiya

Phone: 044-24348390

Email :omshakthimedicals.tnagar@gmail.com

Adult Diapers & Rubber sheet price: Adult Diapers, Rubber Sheet (on order),

Walking Stick and Price: no

Wheelchair and price: no

Hi-tech price: no

10. SAVITHA PHARMACY

No:22/15, Dr Sadasivam Road(New Bazaar), T Nagar, Chennai - 600017, Behind Kamarajar Memorial House

Phone :044-28344353

Adult Diapers & Rubber sheet price: Ad : 400 rs. Onwards. Rubber sheet: depends on the product

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

11. SENTHUR PHARMACY

No 2/9, Dr Sadasivam Road, T Nagar, Chennai - 600017, Opposite Star Oil Mills

Phone :044-28340539

Adult Diapers & Rubber sheet price: Adult Diapers and rubber sheet available. Price depends on the products

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

12. SHINE DRUG HOUSE

No: 188/2, North Usman Road, T Nagar, Chennai - 600017, Opposite to Post Office

Phone: 044-28142798

Adult Diapers & Rubber sheet price: Yes. Price depends on the product

Walking Stick and Price: no

Wheelchair and price: no

Hi-tech price: no

13. SHRI BHALAJI MEDICAL & GENERAL STORE

No.1-E,1-D, Reddy kuppam road, Saidapet,
Chennai - 600015, Near Aranganathan Subway

contact person: Sandeep

Phone no.: 044-42125568

Email Id: shribhalajimedicals@yahoo.com

Adult Diaper and Rubber Sheet: Adult
Diapers - 350-600,Rubber sheet - 150 onwards

Walking Stick and Price: Yes.

Wheelchair and price: y

Hi- tech Products & Price: no

14. SPSS CHEMISTS

No.53, Sir Thiyagaraya Road, T Nagar, Chennai
- 600017, Near Big Bazaar

contact person: Kumar

Phone :044-24342053

Email Id: kumarspss@hotmail.com

Adult Diaper and Rubber Sheet: Adult
Diapers - 300 - 500
Rubber Sheet - 150 -200

Walking Stick and Price: no

Wheelchair and price: no

Hi- tech Products & Price: no

15. SRI BALAN'S PHARMACY

No:1&2, Habibullah Road, T Nagar, Chennai -
600017, Near Post Office

contact person: Jambunadan

Phone no.: +(91)-9444413537, 9442425402

Email Id: sribalanpharmacy@gmail.com

Adult Diaper and Rubber Sheet: Adult Diaper
- 500
Rubber Sheet - 300

Walking Stick and Price: no

Wheelchair and price: no

Hi- tech Products & Price: no

16. SRI DHANVANTHRI MEDICALS

23/9, Dr. Nair Road, T. Nagar.

person: Rajamma

Phone: +91-9791192861

Email :srirajamma52@gmailcom

Adult Diapers & Rubber sheet price: Yes,
Price depends on the product.

Walking Stick and Price: on order, free home
delivery

Wheelchair and price: on order, free home
delivery

Hi-tech price: no

17. SRIRAM MEDICAL STORE

No.71, Usman road, T. Nagar.Near Chennai
Silks.

Phone :044-24345677

Email :srirammedical1966@gmail.com

Adult Diaper and Rubber Sheet: Adult Diaper
- 500, Rubber Sheet - 190 onwards

Walking Stick and Price: can be arranged on
order

Wheelchair and price: can be arranged on
order

Hi- tech Products & Price: no

18. WILLIAMS MEDICAL

No 11/66, Thiyagaraya Road, T Nagar, Chennai
- 600017, Opposite Hot N Spice

Phone: +91-9655692090/28153930

Adult Diapers & Rubber sheet price: Ad: 400
onwards. Rubber Sheet: depends on the
products.

Walking Stick and Price: on order

Wheelchair and price: on order

Hi-tech price: no

TAMBARAM

Services: Occupational and speech therapy does take in patients with dementia

Physiotherapists

1. GANESH PHYSIOTHERAPY CLINIC

Address: No. 3A/7, Shanmugam Road, Tambaram West, Chennai - 600045 Near Naidu halls.

Contact person: Subramanian

Contact no: 9710422834

Email:subbuthera@subbuthera@gmail.com

Experience with dementia: Has treated patients with Parkinson's

2. H2 CLINIC

No 235/74, Gandhi Road, Tambaram West, Chennai - 600045, Opposite HDFC Bank

Contact Person: Prabhu

Phone: +91-9790974200, 9940428986, 044-22264622, 22267222

Website:www.h2clinic.com

Experience with dementia: Has treated patients with dementia. They have a neurologist an emergency ward and psychologists in their clinic.

Occupational Therapists

1. SUNSHINE CLINIC FOR SPEECH & OCCUPATIONAL THERAPY

No. 7, Thirumazhisai Street, Tambaram East, Chennai – 600059, Land Mark: Near Sanatorium Railway Station

Contact person: Samuel

Phone:+91-9894558025, 9894534017

Old Age homes

1. AMMA APPA OLD AGE HOME

No. 16, Kannan Avenue, 2nd Cross Street, New Perungalathur, Tambaram, Chennai - 600045 Behind Kaligambal Temple

Contact person: Karunakaran

Phone:+91-9962831211

Email: ammaappacare@gmail.com, karunakaran82@yahoo.com

Admission of dementia patients: Yes

Experience: Have cared for patients with dementia.

Capacity: 25 people at a time

Charges: Rs 10000 - 25000 per person

2. NAMRUTHAS OLD AGE HOME

No 3, Tambaram Main Road, Tambaram West, Chennai - 600045, Near Sairam College, Tambaram

Contact person: Gayathri

Phone: 044-33066745

Email:gayathritheji@gmail.com

Admission of dementia patients: Yes

Experience with dementia: Yes (They don't have any training but seem know how to care for dementia patients.)

Charges: Charge up to Rs5000 per patient +300- 500 for the care taker.

TEYNAMPET

Elder Care Shops

1. ELDAMS ORTHOTIC CENTRE

New No 75 Old No 37,
Poes Road, Teynampet,
Chennai - 600018, Near Raj TV

Contact Person: Shanmugam

Phone: 9840055010

Adult Diapers: No

Walking Sticks: Yes. **Range-** Rs 450 to 800

Wheel-Chairs: Yes. **Range - Rs**4000-6500

2. K M MEDICALS

424, Anna Salai Eldams Road,
Teynampet, Chennai – 600018

Contact Person: Shahbudeen

Phone: 9444587915

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

3. MUTHU PHARMACY

No 53, Eldams Rd Anna Salai,
Teynampet, Chennai - 600006,
Opp bluedart

Contact Person: Kumaresan

Phone: 24343533

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

4. NATIONAL PHARMACY

No 117/5 & 122/5, Eldams Road,
Teynampet, Chennai – 600018

Contact Person: Jaffer

Phone: 4424335335

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

5. SUBAM PHARMACY

No 29/13 Venkat Rathnam Road, Eldams Road,
Teynampet,

Contact Person: Rajarathnam

Phone: 42113008

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

Other services:No

6. THIRDLEG MOBILITY AIDS

1st Main Rd, MIG Colony, Teynampet
Chennai, Tamil Nadu 600018

Contact Person: Padma

Phone: 8065223234

Adult Diapers: No

Walking Sticks: Yes. **Range-** Rs 2000

Wheel-Chairs: Yes. **Range - Rs**6000-5,00000

Other services:Hydraulic lift for wheelchair
transport, 6.5 lakhs

7. TUCS KAMADHENU COOPERATIVE PHARMACY

No 273/379, Teynampet, Chennai – 600018

Contact Person: Sathyapriya

Phone: 23453448

Adult Diapers: Yes

Walking Sticks: No

Wheel-Chairs: No

Physiotherapists

1. POST COMBO THERAPY CENTRE

No 478/1, Anna Salai, Teynampet,
Chennai - 600018, Nr Gemini Flyover

Contact person:M.Anbu

Phone: 9884782498

Email:manbuonmail@gmail.com

Services: Physiotherapy

Years of experience: 1

Experience with Dementia: Yes

2. SHASTI PHYSIO CLINIC

No 15, Ps Siva Swamy Salai,
Teynampet, Chennai - 600004,
Near By Back To Nilgris

Contact person:Alagappan

Phone: tel:+914433189042

Email: s.alagappan@gmail.com

Services: Physiotherapy

Years of experience: 8

Experience with Dementia: Yes

3. THE SELF

No 27/63 Sir Usman Court T3,
Eldams Road, Teynampet,
Chennai - 600018, Near Mecheri Centre

Contact person:Sneha

Phone: 9962369666

Email: snehahindocha@live.com

Services: Physiotherapy

Years of experience: 9

Experience with Dementia: Yes

4. TRIMED

12/14 2nd Cross Street, Seethammal Extension,
Teynampet, Chennai – 600018
Opposite SIET College

Contact person:Dr. Indu

Phone: 9500010060

Email: anandhi.r@trimedtherapy.com

Services: Physiotherapy, counselling,
ayurvedic therapy

Years of experience: 10

Experience with Dementia: Yes

THIRUVANMIYUR

Physiotherapists

1. DR.SUNDER

No 50 Flat No 9 Block D1 Anand Apartments,L
B Road,
Thiruvanmiyur, Chennai - 600041, Near
Bharani Hotel

Contact Person:Dr.Sunder

Phone: 914433025274

Email ID: trust@gmail.com

Years of Experience: 25

Experience with Dementia: Yes

Psychologists

1. KAMRAJ HOSPITAL

3RD Main Road Gold Star Appartment ,
Thiruvanmiyur,
Chennai - 600041, Thiruvanmiyur Signal
Kamaraj Nagar

Contact Person:Dr.Augustine Kamraj

Phone: 919884360789

Years of Experience: 15

Experience with Dementia: Yes

TONDIARPET

Physiotherapists

1. BIOPLUS MULTI SPECIALITY CLINIC

No 2 T/11, New Vythyanathan Street, ,
Opposite Emaar Esplanade Apartments
Tondiarpet, Chennai - 600081

Contact Person: Mr. Syed

Phone: 9629596902, 8939788877

Email: bioplusclinic@gmail.com

Services: Physiotherapy sessions for Mild,
Moderate and Severe Levels.

Years of Experience: 8

Experience with Dementia: Yes

2. DR. PRIYATHARSHINI

No 192, Thiruvalluvar Nagar, Behind Apollo
Hospital, Tondiarpet, Chennai - 600081

Contact Person: Dr Priyatharshini

Phone: 44-33238024

Services: Physiotherapy sessions for Mild,
Moderate and Severe Levels.

Years of Experience: 5

Experience with Dementia: Yes

VADAPALANI

Physiotherapists

3. DR. BALAJI

No 20/C Mb Flats, 2nd Cross Street Dr Ragavan Colony, Vadapalani, Chennai - 600026, Near Jrk School

Contact person:Dr. Balaji

Phone:+91- 9841062643

Services:Complaints related to ADL, stroke, pains, surgery cases will be addressed.

Years of experience:25 years

Experience with Dementia: Not specifically, 2-3 cases

4. CLINIC FIRST STEP PHYSIOTHERAPY CLINIC & RESEARCH INSTITUTE

No.22, Desigar Street, Somasundaram Bharathi Nagar, Landmark:Backside of Vadapalani Police Station, Chennai

Contact person:Dr. AlagappanThiyagarajan

Phone:+91-9865749699

Services:physiotherapy, neurotherapists and neurologists are also available

Years of experience:6-8 years

Experience with Dementia: Yes

5. DR. HARI

No. 2, Bajanai Koil Street, Vadapalani, Chennai - 600026

Land Mark: Behind Vijaya Hospital

Contact person: Dr. Hariprasad

Phone:+91- 9840331330

Services:Neurological physiotherapy.

Years of experience: 4

Experience with Dementia: Yes

6. SK DIAGNOSTIC DOCTOR ATTACHED LABORATORY

No 180/55, Gangai Amman Koil Street, Vadapalani, Chennai - 600026, Opposite Ram Theatre Padmaram Marriage Hall

Contact person:Senthil Kumar

Phone:044-30650593

Email:sklabvadapalani76@gmail.com

Services:available for older adults

7. SPN CLINIC

No. 8, Kumaran Colony Main Road, Vadapalani, Chennai - 600026 Land Mark: Opposite Venkateswara Kalyana Mandapam

Contact person:Dr. Basheer Ahamed

Phone:+91- 9841120416

Services:Generally address orthopaedic, neuro, cardiac related problems through physiotherapy

Nursing agencies

1. SHRI ANNAI HOME SERVICES

No. 25/2, South Sivan Koil Street, Vadapalani, Chennai - 600026

Contact person: Venkatesh

Phone:+91-8015926530

Email:venkateshiyer99@gmail.com

Services:Services are provided according to the need of the client.

No. Of Nurses: 25

Qualification: Diploma

Care for Dementia: Yes

Trained Staff: Yes

Experience with Dementia: Yes.

Monthly Rate: 15,000/-

Background Check: Yes

VALASARAVAKKAM

Physiotherapists

1. AJ'S PHYSIO CLINIC

No.21/16, kadamdianman koil main road,
Valasaravakkam, Chennai-600 087

Contact person:Dr. C. Rajeshwari

Phone:+91 94444 20496

Services:Physiotherapy services are provided.

Years of experience:30

2. CORAL WELLNESS PLUS

12/14, Krishnamachari Nagar, 4th Street (Near
Velakanni School), Valasaravakkam, Chennai-
87

Contact person:Dr. M. D. Lokeswari

Phone:+91- 9710233483

Email:lok_fit@yahoo.co.in

Services:Gym, Yoga, aerobics. Physiotherapy
rehab for parkinsons.

Years of experience:10

Experience with Dementia: Yes

3. MERCY PHYSIOTHERAPY CLINIC

No.25/6, 1st Floor, Radhakrishnan Salai,
Palaniappa Nagar, Landmark: Near Lac Mack
School, Chennai-87

Contact person:Dr. Julie Mercy

Phone:+91- 9841380989/ 044-24861018

Email:mercyphysiotherapyclinic@yahoo.co.in

Services:Pediatric, Neurological & Autonomic
Physiotherapy; Rehabilitation for ADL available
for older adults.

Experience with Dementia: Yes

4. VALASAI PHYSIOTHERAPY CLINIC

No.55, Vinayagar Koil Street, Kamakoti Nagar,
Valasaravakkam. Landmark: Near Anjaneyar
Temple, Chennai-600 087

Contact person:Dr. Ramya

Phone:+91-9940461738

Services:Physiotherapy services for older
adults are available including neurological and
so on.

Experience with Dementia: No

Nursing agencies

1. SPARSH HOME NURSING SERVICES

1A, Jamal greenery, Arcot road,
Valasaravakkam, Chennai-600087

Contact person:Veeramani/ Sowmya

Phone:+91- 9789924680/+91-9789066635

Email:veeramani@gmail.com/sowmyapillaim@gmail.com

Services:Services are provided according to
the need of the client.

Experience with Dementia: Yes

No. Of Nurses: NA

Qualification: NA

Care for Dementia: Yes

Trained Staff: Yes

Daily/ Hourly Rate:Depends on the needs.

Background Check: NA

VELACHERY

Physiotherapists

1. ADSEROGA HOSPITAL

7/44, 2nd street, Ramagiri street, Velachery, Chennai-42.

Name of the therapist: Dr. M.Kangeyan

Phone: +91-9094775026

E - Mail: info@adseroga.com

Website: www.adseroga.com

Experience with Dementia: Yes

Years of Experience: varies with the therapist

Services Provided: Physiotherapy services. Also Occupational services and psychological counseling are provided.

2. BETHANY PHYSIOTHERAPY CENTRE

M S Complex, Velacheri Main Road, Pallikaranai, Chennai - 600100, Oil Mill Bus Stop

Name of the therapist: Dr. Irvin Vinil and Dr. Mahil Irvin

Phone: 044-33152028

E - Mail: irvin_vinil@rediffmail.com

Experience with Dementia: Yes

Years of Experience: 4 - 5

Services Provided: Physiotherapy services

3. FAITH PHYSIOTHERAPY CLINIC

No 4, 2nd Cross Street 1st Main Road Bhuvanewari Nagar, Velacheri, Chennai - 600042, Behind Chennai Silks Close To Grand Mall

Name of the therapist: Dr. Mrs. Premavathy and Fracis vijay

Contact number: 044-33238562

Email: support@faithphysiotherapy.com

Website: www.faithphysiotherapy.com

Experience with Dementia: Yes

Years of Experience: depends on the physiotherapist

Services Provided: pain relief clinic

4. THE PHYSIOTHERAPY CENTRE

Doctors Plaza E-8, Paramount Park Appts, Vijaya Nagar, Velachery, Chennai

Phone: +91-9840782776

E - Mail: vincentprabhu@gmail.com

Experience with Dementia: Yes

Years of Experience: 7

Services Provided: neurophysiotherapist, neuro rehabilitation, pain relief

Psychologists

1. LAKSHMI PRAKASH

The Eden Block No 2, Door No: 2c, Velachery Main Road, Velacheri, Chennai - 600042

Contact no.: 044-22554737/+91-9840701409

Email id.: lakshmiprakash27@gmail.com

Website: www.santham.in

Experience with dementia: Yes

Services Provided: Family therapy and assessments

2. LATHA JANAKI

H1, Subramaniam colony, Velachery, Tambaram - Velachery main road, Vijayanagaram Chennai - 42

phone: +91-9840784032

Email : [lathajanakiramanujam@gmail.com/](mailto:lathajanakiramanujam@gmail.com)
latha.htcounsel@gmail.com

Experience with dementia: Yes

Years of Experience: 11 years

Services Provided: Family counselling

VEPERY

Physiotherapists

1. ALOK'S ACTIVE PHYSIOTHERAPY

No.17/2C, EVK Sampath Road, Vepery, Chennai
- 600007

Phone: +91- 9884331177

Email: Alok_lokesh19802@rediffmail.com

2. APNA CARE PHYSIOTHERAPY

Phone:044-33720566

Website:www.apnacare.in

VILLIVAKKAM

Physiotherapists

1. BLESSING PHYSIOTHERAPY & HEALTH CARE

No. 28, Thirumangalam Road, Villivakkam, Chennai – 600049

Contact person:Dr. S. Nasheba

Phone:+91- 9629078925

Email:blessingphysio@gmail.com

Services:Physio; Rehab; Services for stroke patients and other disorders

Years of experience: 6

Experience with Dementia: Yes

2. PHYSIOCARE PAIN SOLUTION

No.3, Sivankoil South Mada Street, Villivakkam, Chennai – 49

Contact person:Dr. Abirami

Phone:+91- 9789990460

Email:reachabi.doc@gmail.com

Services:Physiotherapy; Rehab

Years of experience:10

Experience with Dementia: Yes

Home Visits: Yes

3. SREE LAKSHMI PHYSIO CLINIC

3A, Thirumangalam Road, Villivakkam, Chennai - 49; *Branch:* # 8, Kamarajar salai, Bagyathammal nagar, Padi, Mogappair, Chennai (Behind DAV Boys)

Contact person:Dr. K. Sivakumar

Phone:+91- 9445277070

Email:sreelakshmiphysioclinic@gmail.com

Services:Physiotherapy; Rehab

Years of experience:20

Experience with Dementia: Yes

Home Visits: Yes

4. THARAA PHYSIOTHERAPY CLINIC

G-2 Mahalakshmi Flats, 16, Ganga Street, Rajaji nagar, Villivakkam Chennai-600049

Contact person:Dr. Suganya Manoharan

Phone:+91- 9840030782

Email:suganyamanoharanpt@gmail.com

Services:Physiotherapy; Rehab.

Years of experience:10

Experience with Dementia: No

Home Visits: Yes

Psychologists

1. MOHAN NURSING HOME

No.165, MTH Road, Villivaakkam, Chennai 600 049

Contact person:Dr.C. Mohan

Phone:+91- 9940085000/ 044 26183244/ 044 26185244

Email:mohannursinghome@gmail.com

Services: Counselling on appointment.

Experience with Dementia: Yes

VIRUGAMBAKKAM

Physiotherapists

1. CRESENT PHYSIOTHERAPY CLINIC

No.2/20, 1st Main Road, Sadiq Basha Nagar
Virugambakkam, Chennai – 600092

Contact person:Dr. Mohammad Faizur
Rahman

Phone:+91-9092451759

Services:Muscular/ skeletal training. Mental
and physical coping ways. Maintaining health.
Rehab. Programmes

Years of experience:4

Experience with Dementia: Yes

Home Visits: Yes

2. CV ROSHINI PHYSIOTHERAPY CENTRE

No 16, Reddy Street, Virugambakkam, Chennai
- 600092, Opposite Jains Appartment

Contact person:Dr. C.V. Roshini

Phone:+91- 9840780848

Email:roshphysio@gmail.com

Services:Physiotherapy services for elders,
electro therapy

Years of experience: 5

Experience with Dementia: No

3. NEW NATHUROPATHY CLINIC

No 104, Rajeshwari Colony, Virugambakkam,
Chennai - 600092, Near Market

Contact person:N. Mohan Chand

Phone:+91- 9841129958

Email:vvmohanchand@gmail.com

Services:Manual therapy. Knee & back pain.
Paralysis, nervous and joint.

Years of experience:13

Experience with Dementia: Yes

4. PHYSIOCURE PHYSIOTHERAPY CLINIC & FITNESS CENTRE

32/21, Flat. No: G1, Twinkle Roof Apartment,
State Bank Colony, 2nd Street, Virugambakkam,
Chennai-92 Landmark: 17 E Bus Stop, Chennai

Contact person:Dr. K. Krithika

Phone:+91- 9841935583

Email:krithika810@yahoo.com

Services:All kinds of physiotherapy services
for adults and paediatrics also.

Years of experience:10

5. SHIRDI SAI PHYSIOTHERAPY

No:11,2nd Street, AVM Avenue 2nd Main Road,
Virugambakkam, Chennai - 600092, Opp to
Subam Hospital

Contact person:Dr. S. Ellappa Vivek Sharma

Phone:+91- 9710456156

Email:vickyphysio5@gmail.com

Services:Electro physiotherapy services and
others. Rehab programmes.

Years of experience: 8

Experience with Dementia: Yes

Psychologists

1. PSYCARE PSYCHOLOGICAL SERVICES

Raj Villa, plot no: 64, 7th street, Sai nagar,
Virugambakkam, Chennai-92

Contact person:Dr. G.Jeevitha

Phone:044-33153065

Email:jeevitharajj@yahoo.com

Services:Counselling and hypnotherapy.

Years of experience:1

Experience with Dementia: Yes

Nursing agencies

1. GANAPATHY EMPLOYMENT SERVICES

No. 65/4, Kaali Amman Koil Street,,
Virugambakkam, Chennai - 600092 Land Mark:
Near AKR Kalyana Mahal

Contact person:Bhalan

Phone:+91-9445776813

Email:ganapathy.employment@gmail.com

Services:Services are provided according to the need of the client.

No. Of Nurses:500

Qualification:10th, Diploma

Care for Dementia: No.

Trained Staff: No.

Experience with Dementia: No.

Daily/ Hourly Rate: 8Hours-Rs.300, 12hrs-600rs

Background Check: Yes

2. SJ HOME NURSING CARE

No. 29/17, Vinayagam Street, Vengatesh Nagar,
Virugambakkam, Chennai - 600092 Land Mark:
Near Saligramam Bus Depot

Contact person:Jajimon Peter

Phone:+91- 7871400941

Email:sjhomecareinfo@gmail.com

Services:Services are provided according to the need of the client.

No. Of Nurses:100-120

Qualification: Diploma, B.Sc

Care for Dementia: Yes

Trained Staff: Yes- 30.

Experience with Dementia: Yes

Home Visits: Yes

Daily/ Hourly Rate: Night-Rs.600,24hrs-Rs.900-1000

Background Check: Yes

Old Age Homes

1. SHREE SEVA MANDIR

8/40, Ist Main Road, Sainagar, Virugambakkam,
Chennai, Tamil Nadu, 600 093

Contact person:Mrs. Maheshwari

Phone:044-24798964

Price:Free

capacity:40

Medical Services available: Yes

Trained Staff: Yes

Experience with Dementia: Yes

Admission of Dementia: No

Availability on date:Yes

Infrastructure: Average

Maintainance & Cleanliness: Average

Staff Attitude: Good

WEST MAMBALAM

Nursing Agencies

1. HEALTH HEAL NURSING AND HOME CARE

No 11 1st Floor, J R Towers Bharathi Street,
West Mambalam, Ch-33,
Near Ayodhya Mandapam

Contact person: Dinesh

Phone: +91-8056094405, 044-39342857

Charges: 9am - 7 Pm (10hrs)
day nurse: Rs 1000 ; 24 hrs: Rs 1600 ;
12 hrs: Rs 1000

No. Of nurses: 25

Qualification: Hold a degree in nursing and have at least a year's experience working with dementia patients.

Services provided: They are trained to feed, change, medicate and look after the patients needs.

2. S S EMPLOYMENT SERVICES

No 4/3, Krishnan Street,
West Mambalam, Ch -33,
Near Mettupalayam Church

Contact Person: Sugumar

Phone: +91-9840518592, 9941986696, 044-42171152

Qualification: Have a year's experience in general before they are recruited.

Elder Care Shops

1. APOLLO PHARMACY

No.49/23, Umapathy Street, West Mambalam,
Ch - 33

Phone: 044 - 2473 0744

Products sold: Diapers only

2. LAKSHA HEALTHCARE

No 3 / 1 Ranga Shree, Manickam Street, West
Mambalam, Chennai - 600033, Near Jubilee
Road or Opposite Anugraham Classes

Contact person: Suresh

Contact No:+91-9444028245, 9941341475,
9381046414, 9840286414

Email: lakshachn@gmail.com

Products Sold: Diapers, Walking sticks, Wheel chairs, Rubber sheets

3. VINOTH MEDICALS

No 20/53 Arya Gowda Street ,West
Mambalam, opp Ayodya Mandapam, Ch - 33

Contact person: Kannan

Contact no:044-33238268

Products sold: Wheel Chairs, Walking sticks, diapers, and rubber sheets

WEBSITES

Additional Services

PORTEA.COM

Phone No.: 1800 121 2323 (India)

Email: care@portea.com

Website: <http://www.portea.com/>

Services provided: provides doctors, nurses, physiotherapists and trained attendants

HEALTHABOVE60.COM

Healthabove60, No 5, 54th Lane, 11th Avenue, Ashok Nagar, Chennai – 83.

Phone No.: 9884639400/9884945900

Email: response@healthabove60.com

Website: <http://www.healthabove60.com/>

Services provided: nurses, home care attendant, counselling, doctors, physiotherapist. home visit is done

HEALTHHEAL.IN

#11, J R Tower, D First Floor, Bharathi Street, West Mambalam Chennai-600033

Phone No.: 0 888 000 4422

Website: <http://healthheal.in/>

Services provided: geriatric services